



# 2009 Wisconsin 4-H Project Guide (with Supplements)

*This is your guide . . .* A 4-H project is an area that you want to learn more about during the year. There are projects on just about any topic you would like to study and explore, from art to woodworking, from computers to rabbits, from clothing to small engines.

So how do you know what projects are available to you? Your club organizational leader or enrollment coordinator can tell you what projects and resources are offered in your county.

Don't forget to check out the project pages on the Wisconsin 4-H Web Site at [www.uwex.edu/ces/4h/onlinpro/index.cfm](http://www.uwex.edu/ces/4h/onlinpro/index.cfm). On these pages, you'll find descriptions for statewide projects, Internet resources and links of interest, county fair exhibit suggestions, state specialist contacts, and other suggested 4-H resources.

And remember, you'll learn more than "subject matter" as you complete your projects. You'll learn many "life" skills that you'll use every day of your life, such as, understanding yourself, communicating better, solving problems, making decisions, and working with others. Good luck in your project selections. Have a great 4-H year!

## How to Select 4-H Projects

**4-H members . . .** First, make a list of the things you like to do or want to learn more about. Talk over your list with your parents, leaders and friends. They may recognize some special things you are good at that you don't even realize you do well.

Then compare your list with the projects described in this guide and any other project list you may receive from your county. Ask yourself if you have the equipment, money and time to do the projects that sound interesting.

Your club organizational leader or enrollment coordinator will give you a form when you're ready to sign up for projects. You'll notice that each project has a computer code number assigned to it. Mark that code number on the form. (Don't use the "youth leader" project codes unless you're signing up as a youth leader for that project.)

Many projects have more than one level. If you've had a lot of experience in an area, you may want to skip the first or beginning level of a project. Many projects also have grade recommendations. These are only recommendations.

If this is your first year in 4-H, concentrate on doing only two or three projects well. Usually you can spend more than one year in a project unit because there are enough ideas there to span two or three years.

**4-H leaders . . .** If you're a 4-H adult leader, some project code numbers are just for you. For example, if you're a leader for all of the Shooting Sports project units, use code 60300. If there are several units within a project and you're a leader for only one, then use the project code number for that unit. For example, if you're a Shooting Sports leader for just archery, use code 60310. You'll need to make more than one entry if you're a leader for more than one project unit. For example, if you're a Shooting Sports leader for archery *and* air pistol, use codes 60310 *and* 60320. Youth leader codes all end in a "9."



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## YOUTH LEADERSHIP

### **10200 YOUTH LEADERSHIP LDR**

Resources: 07903, *Leadership Mentor Guide for Grades K-5*  
07904, *Leadership Mentor Guide for Grades 6-12*

Webpage: [4h.uwex.edu/onlinpro/leadership.cfm](http://4h.uwex.edu/onlinpro/leadership.cfm)

### **10201 YOUTH LEADERSHIP 1**

What you can do in this project:

- Assess your leadership skills
- Practice effective communication skills
- Set goals and resolve conflict
- Plan a group event

Grades: 3-5

Resource: 07905, *My Leadership Workbook for Grades 3-5*

### **10202 YOUTH LEADERSHIP 2**

What you can do in this project:

- Explore how leaders are different
- Develop a multi-media presentation
- Set and achieve team goals
- Practice teamwork

Grades: 6-8

Resource: 07906, *My Leadership Journal for Grades 6-8*

### **10203 YOUTH LEADERSHIP 3**

What you can do in this project:

- Build trust in a group
- Assess your own strengths and weaknesses
- Write vision and mission statements
- Contribute to a group project

Grades: 9-12

Resource: 07907, *My Leadership Portfolio for Grades 9-12*

### **10209 YOUTH LEADERSHIP YTH LDR**

### **10210 AMBASSADORS LDR**

### **10211 AMBASSADORS**



## YOUNGER MEMBERS

### **10300 EXPLORING LDR**

Resources: 08172, *Exploring Treasures of 4-H Helper's Guide*  
06350, *Exploring Farm Animals Helper's Guide*

Webpage: [4h.uwex.edu/onlinpro/exploring.cfm](http://4h.uwex.edu/onlinpro/exploring.cfm)

### **10301 EXPLORING**

What you can do in this project:

- Learn about the 4-H program
- Sample a variety of projects offered in 4-H
- Learn about yourself and others

Grades: 2-3

Resource: 08171, *Exploring the Treasures of 4-H*

### **10309 EXPLORING YTH LDR**

### **10350 CLOVERBUDS LDR**

Resources: 4H414, *Helping Youth Grow into 4-H*  
05560, *4-H Discovery Program for 6-8 Yr. Olds*

Webpage: [4h.uwex.edu/onlinpro/cloverbuds.cfm](http://4h.uwex.edu/onlinpro/cloverbuds.cfm)

### **10351 CLOVERBUDS 1**

What you can do in this project:

- Learn about your 4-H club or group
- Begin developing different skills, e.g., working with others
- Explore your community
- Discover areas of project interest

Grade: Kindergarten

Resources: 05561, *Cloverbuds – Activity Sheets*  
05562, *Cloverbuds – Program Record*  
05563, *Cloverbuds – Participation Summary*

### **10352 CLOVERBUDS 2**

What you can do in this project:

- Learn about 4-H activities and events
- Learn about working together as a club or team
- Share with others what you have learned

Grade: 1

Resource: See Cloverbuds 1

### **10353 CLOVERBUDS 3**

What you can do in this project:

- Begin learning about specific 4-H project areas
- Learn to complete projects as an individual
- Share with others what you have learned

Grade: 2

Resource: See Cloverbuds 1

### **10354 CLOVERBUDS 4**

### **10359 CLOVERBUDS YTH LDR**

### **10400 SCHOOL AGE CHILD CARE LDR**

### **10401 SCHOOL AGE CHILD CARE**

### **10409 SCHOOL AGE CHILD CARE YTH LDR**

### **10850 AFTERSCHOOL PROJECTS LDR**

### **10851 AFTERSCHOOL PROJECTS**

### **10859 AFTERSCHOOL PROJECTS YTH LDR**



## SERVICE LEARNING & CITIZENSHIP

### **10410 HISTORY & HERITAGE LDR**

### **10411 HISTORY & HERITAGE**

### **10419 HISTORY & HERITAGE YTH LDR**

### **10500 FAMILY TIMES LDR**

## 10501 FAMILY TIMES

## 10509 FAMILY TIMES YTH LDR

## 10600 FRIENDS HELPING FRIENDS LDR

## 10601 FRIENDS HELPING FRIENDS

## 10609 FRIENDS HELPING FRIENDS YTH LDR

## 10650 TALKING WITH TJ LDR

## 10651 TALKING WITH TJ 1

## 10652 TALKING WITH TJ 2

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## 10700 COMMUNITY DEVELOPMENT LDR

## 10701 COMMUNITY DEVELOPMENT

## 10709 COMMUNITY DEVELOPMENT YTH LDR

## 10720 SPECIAL EMPHASIS LDR

## 10721 SPECIAL EMPHASIS

## 10729 SPECIAL EMPHASIS YTH LDR

## 10750 SERVICE LEARNING LDR

Resource: 08184, *Service Learning Helper's Guide*

Webpage: [4h.uwex.edu/onlinpro/ServiceLearning.cfm](http://4h.uwex.edu/onlinpro/ServiceLearning.cfm)

## 10751 SERVICE LEARNING 1

What you can do in this project:

- Learn to give back to your community
- Reflect on your experiences
- Identify community needs
- Plan a service project and execute the idea

Grades: 5-8

Resource: 08182, *Agents of Change + CD*

## 10752 SERVICE LEARNING 2

What you can do in this project:

- Plan and implement your own service project
- Share your project plan and outcome with others
- Conduct an evaluation of your project

Grades: 9-12

Resource: 08183, *Raise Your Voice + CD*

## 10759 SERVICE LEARNING YTH LDR

## 10800 CITIZENSHIP LDR

Resource: 08154, *Citizenship Guide's Handbook*

Webpage: [4h.uwex.edu/onlinpro/citizenship.cfm](http://4h.uwex.edu/onlinpro/citizenship.cfm)

## 10801 CITIZENSHIP

What you can do in this project:

- Discover and discuss public issues
- Plan a project to change or improve your community

Grades: 4-12

Resource: 08153, *Citizenship Adventure Kit*

## 10809 CITIZENSHIP YTH LDR



### SELF-DETERMINED

## 10900 SELF-DETERMINED LDR

Webpage: [4h.uwex.edu/onlinpro/selfdetermined.cfm](http://4h.uwex.edu/onlinpro/selfdetermined.cfm)

## 10901 SELF-DETERMINED

What you can do in this project:

- Create your own project or expand on an old one
- Select a project, develop a plan, identify resources
- Carry out and evaluate your plan

Grades: 3-13

Resource: 4H272, *Designing Your Own Project*

## 10909 SELF-DETERMINED YTH LDR

## 10981 OTHER LEADERSHIP

## 10991 SELF-DETERMINED, LEADERSHIP



### ANIMAL SCIENCES

## 20100 BEEF LDR

Resources: 08146, *Beef Helper's Guide*

117R, *Beef Resource Handbook*

Webpage: [4h.uwex.edu/onlinpro/beef.cfm](http://4h.uwex.edu/onlinpro/beef.cfm)

## 20101 BEEF 1

What you can do in this project:

- Identify various beef breeds
- Identify parts of a beef animal
- Halter-break and show a calf
- Fit and judge beef cattle
- Recognize and raise a healthy animal

Grades: 3-5

Resources: 08143, *Bite Into Beef*

4H450, *Judging Breeding & Market Cattle*

MA, *Meat Animal Project Record*

## 20102 BEEF 2

What you can do in this project:

- Present oral reasons during judging
- Learn about feed ingredients, behavior and parasites
- Study how to do nose-print identification
- Learn beef carcass composition and retail meat cuts

Grades: 6-8

Resources: 08144, *Here's the Beef*

MA, *Meat Animal Project Record*

### **20103 BEEF 3**

What you can do in this project:

- Explore selection and judging
- Learn about careers, health, reproduction, etc.
- Discover how to market your animal and by-products

Grades: 9-12

Resources: 08145, *Leading the Charge*  
MA, *Meat Animal Project Record*

### **20104 BEEF 4**

### **20105 BEEF FEEDER**

### **20106 BEEF MAP**

### **20109 BEEF YTH LDR**

### **20150 DAIRY GOAT LDR**

Resource: 08355, *Dairy Goat Helper's Guide*

Webpage: [4h.uwex.edu/onlinpro/goats.cfm](http://4h.uwex.edu/onlinpro/goats.cfm)

### **20151 DAIRY GOAT 1**

What you can do in this project:

- Gain hands-on experiences in the goat project
- Select, manage, fit and show goats
- Learn responsible goat ownership

Grades: 3-5

Resource: 08352, *Getting Your Goat*

### **20152 DAIRY GOAT 2**

What you can do in this project:

- Learn to keep your goat healthy
- Feed your goat for maximum production
- Prepare for kidding
- Develop judging skills
- Learn how to milk a goat properly

Grades: 6-8

Resource: 08353, *Stepping Out*

### **20153 DAIRY GOAT 3**

What you can do in this project:

- Learn about genetics, diseases and breeding
- Study body-condition scoring and linear appraisal
- Understand bio-security and prevention measures
- Gain leadership and explore career opportunities

Grades: 9-12

Resource: 08354, *Showing the Way*

### **20159 DAIRY GOAT YTH LDR**

### **20190 MEAT GOAT LDR**

Resource: 07912, *Meat Goat Helper's Guide*

Webpage: [4h.uwex.edu/onlinpro/goats.cfm](http://4h.uwex.edu/onlinpro/goats.cfm)

### **20191 MEAT GOAT 1**

What you can do in this project:

- Identify meat goat breeds and parts
- Learn to select a good animal
- Feed and care for a meat goat
- Develop a budget for a meat goat project

Grades: 3-4

Resource: 07909, *Just Browsing*

### **20192 MEAT GOAT 2**

What you can do in this project:

- Recognize meat goat diseases
- Select a veterinarian and purchase breeding stock
- Understand reproduction cycle and keep records
- Fit and show meat goats

Grades: 5-7

Resource: 07910, *Get Growing with Meat Goats*

### **20193 MEAT GOAT 3**

What you can do in this project:

- Learn to control diseases
- Understand bio-security and quality assurance
- Formulate rations
- Evaluate goat pastures

Grades: 9-12

Resource: 07911, *Meating the Future*

### **20199 MEAT GOAT YTH LDR**

### **20200 DAIRY LDR**

Resource: 08164, *Dairy Cattle Helper's Guide*

Webpage: [4h.uwex.edu/onlinpro/dairy.cfm](http://4h.uwex.edu/onlinpro/dairy.cfm)

### **20201 DAIRY 1**

What you can do in this project:

- Identify dairy breeds
- Study and identify parts of the dairy cow
- Learn how to select quality dairy calves
- Fit and show a calf
- Identify stages of calving and care
- Assemble tools needed for packing a show box

Grades: 3-5

Resources: 08161, *Cowabunga*

CANADA1, *Showmanship...Leading to Win*

CANADA2, *Preparing to Lead*

*Dairy Cattle Judging Made Easy – Interactive CD*

*LDR, Lifetime Dairy Record*

### **20202 DAIRY 2**

What you can do in this project:

- Learn about housing and hay quality
- Learn about milking and food safety
- Explore ways to keep an animal healthy
- Observe animal behavior

Grades: 6-8

Resources: 08162, *Mooving Ahead*

*The Rules are Black and White*

### **20203 DAIRY 3**

What you can do in this project:

- Practice mastitis detections
- Learn to balance rations
- Practice pregnancy detection and delivery of a calf
- Learn body-conditioning scoring
- Promote dairy products
- Explore various dairy industry careers

Grades: 9-12

Resources: 08163, *Rising to the Top*

HMR, *WI 4-H Dairy Heifer Mgmt. Record*

### **20204 DAIRY 4**

### **20205 DAIRY MANAGEMENT**

### **20209 DAIRY YTH LDR**

### **20250 ADVENTURES IN DAIRYLAND LDR**

### **20251 ADVENTURES IN DAIRYLAND**

### **20259 ADVENTURES IN DAIRYLAND YTH LDR**

### **20300 HORSE/HORSELESS HORSE LDR**

Resources: 08058, *Horse Helper's Guide*

07200, *Horse Pattern*

Webpage: [4h.uwex.edu/onlinpro/horses.cfm](http://4h.uwex.edu/onlinpro/horses.cfm)

### **20301 HORSE 1**

What you can do in this project:

- Learn horse behavior and terms
- Study breeds and identify body parts
- Saddle, groom and bridle your horse
- Practice horse safety and horse selection

Grades: 3-5

Resources: 08053, *Giddy Up & Go*

CO200, *Horses & Horsemanship*

CO201, *Horse Science*

4H180, *Pleasure Riding*

### **20302 HORSE 2**

What you can do in this project:

- Practice horsemanship and judging
- Understand horse selection and training
- Learn about tack, feeding and diseases
- Practice showing a horse and trail riding

Grades: 6-8

Resource: 08054, *Head, Heart & Hooves*

### **20303 HORSE 3**

What you can do in this project:

- Explore horse breeding, genetics and heredity
- Understand horse diseases and prevention
- Learn about fencing, pasturing and housing
- Explore horse-related careers

Grades: 9-12

Resource: 08055, *Stable Relationships*

### **20304 HORSE 4**

What you can do in this project:

- Train a horse
- Practice a round-pen workout
- Learn English and Western style bridles
- Understand equitation and riding styles

Grades: 3-7

Resource: 08056, *Riding the Range*

### **20305 HORSE 5**

What you can do in this project:

- Learn to set goals
- Compare costs of show clothing
- Present your horse in showmanship classes
- Rate your showmanship skills
- Practice proper show ethics

Grades: 8-12

Resource: 08057, *Jumping to New Heights*

### **20306 HORSELESS HORSE 1**

What you can do in this project:

- You do *not* need a horse in this project
- Explore horse behavior, terms and breeds
- Identify body parts
- Learn grooming, saddling and bridling
- Learn about safety and equipment

Grades: 3-5

Resource: 08053, *Giddy Up & Go*

### **20307 HORSELESS HORSE 2**

What you can do in this project:

- Learn about horsemanship
- Explore judging and oral reasons
- Learn selection, training and showing
- Practice trail riding skills

Grades: 6-8

Resource: 08054, *Head, Heart & Hooves*

### **20308 HORSELESS HORSE 3**

What you can do in this project:

- Explore horse breeding, genetics and heredity
- Understand horse diseases and prevention
- Learn about fencing, pasturing and housing
- Explore horse-related careers

Grades: 9-12

Resource: 08055, *Stable Relationships*

### **20309 HORSE/HORSELESS HORSE YTH LDR**

### **20311 DRAFT HORSE**

What you can do in this project:

- Explore different breeds and characteristics
- Learn conformation, selection and nutrition
- Practice harnessing and hitching

Grades: 6-8

Resource: 4H181, *Draft Horse*

### **20312 EQUITATION**

### 20313 MINIATURE HORSE

### 20314 THERAPEUTIC RIDING

### 20370 MODEL HORSES LDR

### 20371 MODEL HORSES

### 20379 MODEL HORSES YTH LDR

### 20380 CLOTHES HORSE LDR

Resource: 4H360, *4-H Clothes Horse Activity Guide*

Webpage: [4h.uwex.edu/onlinpro/horses.cfm](http://4h.uwex.edu/onlinpro/horses.cfm)

### 20381 CLOTHES HORSE

What you can do in this project:

- Learn how to make riding apparel and equipment
- Develop sewing and creative skills
- Understand textile selection and care

Grades: 3-12

Resources: 4H374, *Additional Patterns for Clothes Horse*  
4H389, *Horse & Riding Attire*

### 20389 CLOTHES HORSE YTH LDR

### 20390 LLAMAS LDR

### 20391 LLAMAS 1

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### 20399 LLAMAS YTH LDR

### 20400 SWINE LDR

Resources: 08068, *Swine Helper's Guide*  
134R, *Swine Resource Handbook*

Webpage: [4h.uwex.edu/onlinpro/swine.cfm](http://4h.uwex.edu/onlinpro/swine.cfm)

### 20401 SWINE 1

What you can do in this project:

- Identify swine breeds, feeds and animal parts
- Practice judging market hogs
- Identify pork meat cuts
- Practice fitting and showing a hog

Grades: 3-5

Resources: 08065, *The Incredible Pig*  
4H412, *Judging Breeding & Market Swine*  
MA, *Meat Animal Project Record*

### 20402 SWINE 2

What you can do in this project:

- Make a swine health care plan
- Identify diseases
- Assemble tack and pack a show box
- Plan and organize a facility expansion
- Complete a plan for a new pork product

Grades: 6-8

Resources: 08066, *Putting the Oink in the Pig*  
MA, *Meat Animal Project Record*

### 20403 SWINE 3

What you can do in this project:

- Learn to make breeding and culling decisions
- Judge a class of breeding gilts
- Design a preventative herd health plan
- Manage a feeding program

Grades: 9-12

Resources: 08067, *Going Whole Hog*  
MA, *Meat Animal Project Record*

### 20404 SWINE 4

### 20406 SWINE MAP

### 20409 SWINE YTH LDR

### 20500 POULTRY LDR

Resource: 06366, *Poultry Helper's Guide*

Webpage: [4h.uwex.edu/onlinpro/poultry.cfm](http://4h.uwex.edu/onlinpro/poultry.cfm)

### 20501 POULTRY 1

What you can do in this project:

- Identify poultry breeds
- Learn parts of the bird
- Learn parts and functions of the egg
- Learn how to select and handle poultry
- Fit and show poultry

Grades: 3-5

Resources: 06363, *Scratching the Surface*  
CIR878, *From Egg to Chick*  
MA, *Meat Animal Project Record*

### 20502 POULTRY 2

What you can do in this project:

- Observe a healthy flock
- Select and judge broilers
- Discover how an egg is formed
- Prevent poultry diseases
- Discover how chicks imprint

Grades: 6-8

Resources: 06364, *Testing Your Wings*  
4H281, *Poultry for Fun & Food*  
A2880, *Chicken Breeds & Varieties*  
MA, *Meat Animal Project Record*

### **20503 POULTRY 3**

What you can do in this project:

- Organize a judging clinic
- Manage a laying flock
- Discover qualities of eggs
- Handle poultry products safely
- Process a chicken

Grades: 9-12

Resources: 06365, *Flocking Together*  
MA, *Meat Animal Project Record*

### **20504 WATERFOWL**

What you can do in this project:

- Learn about waterfowl breeds and parts
- Handle waterfowl properly
- Select and prepare waterfowl for market
- Incubate and exhibit waterfowl

Grades: 3-12

Resources: A3311, *Raising Waterfowl*  
MA, *Meat Animal Project Record*

### **20505 TURKEYS**

What you can do in this project:

- Learn about buying poultry
- Prepare a brooding area
- Raise range turkeys
- Feed and water turkeys
- Identify diseases

Grades: 3-12

Resources: NCR060, *Small Turkey Flock Management*  
MA, *Meat Animal Project Record*

### **20506 BANTAMS**

What you can do in this project:

- Discover bantam breeds and breed characteristics
- Learn how to get started raising bantams
- Select and mate bantams
- Incubate and rear their young
- Learn to feed and house birds
- Fit and show bantams

Grades: 3-12

Resources: NCR209, *Bantams*  
MA, *Meat Animal Project Record*

### **20507 PIGEONS**

What you can do in this project:

- Learn about buying, banding and feeding
- Understand about proper housing and behavior
- Learn about grooming and exhibiting

Grades: 3-12

Resource: 4H135, *Pigeons*

### **20509 POULTRY YTH LDR**

### **20511 EXOTIC BIRDS (Ostrich, Emu)**

### **20512 GAME BIRDS (Quail, Pheasant)**

### **20600 SHEEP LDR**

Resources: 06370, *Sheep Helper's Guide*  
194R, *Sheep Resource Handbook*

Webpage: [4h.uwex.edu/onlinepro/sheep.cfm](http://4h.uwex.edu/onlinepro/sheep.cfm)

### **20601 SHEEP 1**

What you can do in this project:

- Identify sheep breeds and body parts
- Observe sheep behavior
- Identify uses of wool and other by-products
- Fit and show sheep

Grades: 3-5

Resources: 06367, *Lambs, Rams and You*  
4H421, *Judging Breeding & Market Sheep*  
MA, *Meat Animal Project Record*

### **20602 SHEEP 2**

What you can do in this project:

- Learn to identify sheep parasites
- Promote meat safety
- Judge wool
- Diagnose sheep diseases
- Use medications safely
- Explore careers

Grades: 6-8

Resources: 06368, *Shear Delight*  
MA, *Meat Animal Project Record*

### **20603 SHEEP 3**

What you can do in this project:

- Set sheep production goals
- Plan sheep related activities
- Market sheep products and teach others
- Plan a judging contest
- Explore careers

Grades: 9-12

Resources: 06369, *Leading the Flock*  
MA, *Meat Animal Project Record*

### **20604 SHEEP 4**

### **20606 SHEEP MAP**

### **20609 SHEEP YTH LDR**

### **20650 CATS LDR**

Resource: 08151, *Cat Helper's Guide*

Webpage: [4h.uwex.edu/onlinepro/cats.cfm](http://4h.uwex.edu/onlinepro/cats.cfm)

### **20651 CATS 1**

What you can do in this project:

- Select a cat
- Identify cat breeds
- Name the parts of a cat
- Handle and groom a cat
- Care for its health
- Create a budget

Grades: 3-5

Resource: 08148, *Purr-fect Pals*

## 20652 CATS 2

What you can do in this project:

- Learn about cat senses and sounds
- Explore tricks to teach a cat
- Traveling with a cat
- Learn about feeding and emergency care
- Detect signs of illness and health issues

Grades: 6-8

Resource: 08149, *Climbing Up!*

## 20653 CATS 3

What you can do in this project:

- Explore veterinary procedures
- Learn reproduction and cat body systems
- Learn showmanship and cat behavior
- Explore community laws and animal welfare

Grades: 9-12

Resource: 08150, *Leaping Forward*

## 20654 CATS 4

## 20659 CATS YTH LDR

## 20700 DOGS LDR

Resources: 08169, *Dog Helper's Guide*  
4H458, *4-H Dog Judging Guidelines*

Webpage: [4h.uwex.edu/onlinepro/dogs.cfm](http://4h.uwex.edu/onlinepro/dogs.cfm)

## 20701 DOGS 1

What you can do in this project:

- Learn basic skills for dog care and training
- Discover different dog breeds
- Study and identify dog body parts
- Learn how to keep a dog healthy and groomed

Grades: 3-5

Resources: 08166, *Wiggles and Wags*  
4H436, *The Basics of Training Your Dog*

## 20702 DOGS 2

What you can do in this project:

- Explore dog health and nutrition
- Discover genetic problems and population control
- Learn showmanship and training techniques
- Learn about show-ring ethics

Grades: 6-8

Resources: 08167, *Canine Connection*  
4H439, *Dog Obedience – Novice & Beyond*

## 20703 DOGS 3

What you can do in this project:

- Investigate responsible breeding
- Care for geriatric dogs
- Train service dogs
- Explore careers related to dogs

Grades: 9-12

Resources: 08168, *Leading the Pack*  
4H437, *A Guide to Showmanship*

## 20704 DOGS 4

## 20709 DOGS YTH LDR

## 20710 CANINE MANAGEMENT LDR

## 20711 CANINE MANAGEMENT

## 20719 CANINE MANAGEMENT YTH LDR

## 20720 LEADER DOG LDR

## 20721 LEADER DOG

## 20729 LEADER DOG YTH LDR

## 20730 DOG OBEDIENCE TRAINING LDR

## 20731 DOG OBEDIENCE TRAINING

## 20739 DOG OBEDIENCE TRAINING YTH LDR

## 20750 RABBITS LDR

Resource: 08083, *Rabbit Helper's Guide*

Webpage: [4h.uwex.edu/onlinepro/rabbits.cfm](http://4h.uwex.edu/onlinepro/rabbits.cfm)

## 20751 RABBITS 1

What you can do in this project:

- Learn about selecting and handling rabbits
- Identify rabbit breeds and body parts
- Explore health issues and feeding

Grades: 3-5

Resource: 08080, *What's Hoppening?*

## 20752 RABBITS 2

What you can do in this project:

- Learn to select show rabbits
- Give oral reasons and judge rabbits
- Learn to tattoo
- Detect diseases
- Keep records of animals

Grades: 6-8

Resource: 08081, *Making Tracks*

## 20753 RABBITS 3

What you can do in this project:

- Learn about breeding and genetics
- Design a rabbitry
- Market rabbits
- Learn about disease prevention and rabbit registration

Grades: 9-12

Resource: 08082, *All Ears*

## 20754 RABBITS 4

## 20759 RABBITS YTH LDR

## 20760 RABBIT HOPPING LDR

## 20761 RABBIT HOPPING

**20769 RABBIT HOPPING YTH LDR**

**20800 VETERINARY SCIENCE LDR**

Resources: 08051, *Veterinary Science Helper's Guide*  
4H192, *Veterinary Science*  
4H323, *The Normal Animal*

Webpage: [4h.uwex.edu/onlinepro/vetscience.cfm](http://4h.uwex.edu/onlinepro/vetscience.cfm)

**20801 VETERINARY SCIENCE 1**

What you can do in this project:

- Learn different breeds of animals
- Interpret animal behavior
- Identify feed nutrients
- Describe animal life stages and systems

Grades: 3-5

Resources: 08048, *From Airedales to Zebras*  
4H334, *Adventure Notebook*  
4H131, *The Normal Animal*

**20802 VETERINARY SCIENCE 2**

What you can do in this project:

- Create health records for your animal
- Conduct food safety experiments
- Discover importance of immunity and bio-security
- Consider ethics and animal welfare

Grades: 6-8

Resources: 08049, *All Systems Go*  
4H048, *Animal Disease*

**20803 VETERINARY SCIENCE 3**

What you can do in this project:

- Investigate the importance of genetics
- Understand diseases that spread from animals to humans
- Learn about diversity of veterinary careers

Grades: 9-12

Resources: 08050, *On the Cutting Edge*  
4H133, *Animal Health*

**20809 VETERINARY SCIENCE YTH LDR**

**20860 CAVIES LDR**

**20861 CAVIES**

**20869 CAVIES YTH LDR**

**20870 CAGE BIRDS LDR**

**20871 CAGE BIRDS**

**20879 CAGE BIRDS YTH LDR**

**20880 TROPICAL FISH LDR**

**20881 TROPICAL FISH**

**20889 TROPICAL FISH YTH LDR**

**20900 PETS LDR**

Resource: 06362, *Pet Helper's Guide*

Webpage: [4h.uwex.edu/onlinepro/pets.cfm](http://4h.uwex.edu/onlinepro/pets.cfm)

**20901 PETS 1**

What you can do in this project:

- Explore your favorite pet or select a pet
- Identify pet body parts
- Learn to provide a safe environment
- Design a space for your pet

Grades: 3-5

Resource: 06359, *Pet Pals*

**20902 PETS 2**

What you can do in this project:

- Explore animal digestion and feeding
- Shop for pet supplies
- Determine the animal's sex and proper health
- Study pet behavior and communication

Grades: 6-8

Resource: 06360, *Scurrying Ahead*

**20903 PETS 3**

What you can do in this project:

- Explore pet products
- Teach others about pets
- Understand how genetics work
- Explore animal welfare issues

Grades: 9-12

Resource: 06361, *Scaling the Heights*

**20904 PETS 4**

**20909 PETS YTH LDR**

**20910 OTHER SMALL ANIMALS LDR**

**20911 OTHER SMALL ANIMALS**

**20919 OTHER SMALL ANIMALS YTH LDR**

**20950 PYGMY GOAT LDR**

**20951 PYGMY GOAT**

**20959 PYGMY GOAT YTH LDR**

**20960 EXOTIC ANIMALS LDR**

**20961 EXOTIC ANIMALS**

**20969 EXOTIC ANIMALS YTH LDR**

**20981 OTHER ANIMAL SCIENCES**

**20991 SELF-DETERMINED ANIMAL SCIENCES**



## **ARTS & COMMUNICATION**

### **30000 PHOTOGRAPHY LDR**

Webpage: [4h.uwex.edu/onlinpro/photography.cfm](http://4h.uwex.edu/onlinpro/photography.cfm)

### **30001 PHOTOGRAPHY 1**

What you can do in this project:

- Explore the camera and learn to use it properly
- Learn the basics of lighting and composition
- Learn the use of different light sources
- Shoot photos that tell a story

Grades: 3-5

Resource: PC1, *Focus on Photography*

### **30002 PHOTOGRAPHY 2**

What you can do in this project:

- Learn about camera adjustments
- Learn about film speed, shutter speed and aperture
- Take silhouettes, candid, action shots and others

Grades: 6-8

Resource: PC2, *Controlling the Image*

### **30003 PHOTOGRAPHY 3**

What you can do in this project:

- Learn about wide-angle and telephoto lenses
- Explore the use of light meters and studio lighting
- Experiment with special effect photos
- Take still life photos and portraits

Grades: 9-12

Resource: PC3, *Mastering Photography*

### **30004 SCRAPBOOKING**

### **30005 VIDEOGRAPHY**

What you can do in this project:

- Learn storytelling, editing and lighting
- Experiment with camera handling and editing
- Learn to plan a project with the use of sound and titles
- Show and review your production

Grades: 6-12

Resource: IS401, *Action! Making Videos & Movies*

### **30009 PHOTOGRAPHY YTH LDR**

### **30100 COMMUNICATIONS LDR**

Resources: 08159, *Communications Helper's Guide*  
COMM04, *Voices From the Past*  
COMM05, *It's All in the Family*  
COMM07, *Communication Activities for 4-H Clubs*

Webpage: [4h.uwex.edu/onlinpro/communications.cfm](http://4h.uwex.edu/onlinpro/communications.cfm)

### **30101 COMMUNICATIONS 1**

What you can do in this project:

- Engage in non-verbal, verbal and written activities
- Strengthen your personal communication skills
- Encrypt codes, write songs and give directions

Grades: 3-5

Resource: 08156, *Picking Up the Pieces*

### **30102 COMMUNICATIONS 2**

What you can do in this project:

- Learn to become a confident communicator
- Present oral reasons, plan and present speeches
- Practice making good first impressions

Grades: 6-8

Resource: 08157, *Putting It Together*

### **30103 COMMUNICATIONS 3**

What you can do in this project:

- Polish your communication skills
- Explore communication careers
- Write résumés and interview for a job

Grades: 9-12

Resource: 08158, *The Perfect Fit*

### **30109 COMMUNICATIONS YTH LDR**

### **30110 DEMONSTRATIONS LDR**

### **30111 DEMONSTRATIONS**

### **30119 DEMONSTRATIONS YTH LDR**

### **30120 SPEAKING LDR**

### **30121 SPEAKING**

What you can do in this project:

- Plan, practice and present an effective speech
- Gain confidence in public speaking
- Plan, practice and present an effective demonstration

Grades: 3-12

Resources: COMM02, *4-H Public Speakers Handbook*  
COMM06, *4-H Public Speaking Opportunities*

### **30129 SPEAKING YTH LDR**

### **30130 POSTERS LDR**

### **30131 POSTERS**

Grades: 3-12

Resource: 4H23, *Say It With Posters*

### **30132 FUZZY POSTERS**

### **30133 COLLAGES**

### **30139 POSTERS YTH LDR**

### **30140 CREATIVE WRITING LDR**

### **30141 CREATIVE WRITING**

What you can do in this project:

- Explore language and creative expression
- Stimulate your creativity and self-expression
- Enrich your joy of book reading

Grades: 3-12

Resources: COMM01, *Creative Woodworking*  
COMM03, *Crazy About Books Reading Circle*

**30149 CREATIVE WRITING YTH LDR****30150 BOOKS ON THE MOVE LDR****30151 BOOKS ON THE MOVE****30159 BOOKS ON THE MOVE YTH LDR****30300 ARTS & CRAFTS LDR**Resource: 07597, *Arts & Crafts – A Palette of Fun*Webpage: [4h.uwex.edu/onlinpro/artsandcrafts.cfm](http://4h.uwex.edu/onlinpro/artsandcrafts.cfm)**30301 ART 1**

What you can do in this project

- Learn art through cutting, pasting and drawing
- Explore sculpting and constructing with fibers
- Paint and print using different materials

Grades: 3-6

Resources: 23112, *Elements & Principles of Design Card*  
4H472, *Palette of Fun Member Sheet & Introduction***30302 ART 2**

What you can do in this project:

- Explore art techniques, culture and history of art
- Learn artistic challenges in drawing, fiber arts and sculpting
- Develop graphic design techniques

Grades: 7-12

Resources: 08140, *Advanced Visual Arts: Sketchbook Crossroads*  
08141, *Advanced Visual Arts: Portfolio Pathways***30303 ART 3****30304 CELEBRATE ART****30305 ART IN YOUR FUTURE****30309 ARTS & CRAFTS YTH LDR****30310 LEATHERCRAFT LDR**Resource: CIR006, *Adventures in Leathercraft Leaders Guide*Webpage: [4h.uwex.edu/onlinpro/leathercraft.cfm](http://4h.uwex.edu/onlinpro/leathercraft.cfm)**30311 LEATHERCRAFT**

What you can do in this project:

- Learn about the characteristics and uses of leather
- Use tools and equipment
- Make patterns and original designs
- Explore various leathercraft techniques

Grades: 3-12

Resource: 4H149, *Adventures in Leathercraft Members Guide***30319 LEATHERCRAFT YTH LDR****30320 STENCIL PAINTING LDR****30321 STENCIL PAINTING****30329 STENCIL PAINTING YTH LDR****30330 BLOCK PRINTING LDR**Resource: CIR008, *Block Printing Leaders Guide*Webpage: [4h.uwex.edu/onlinpro/blockprinting.cfm](http://4h.uwex.edu/onlinpro/blockprinting.cfm)**30331 BLOCK PRINTING**

What you can do in this project:

- Design and cut blocks from different materials
- Print designs on cloth and paper
- Create your own original designs

Grades: 5-12

Resource: 4H156, *Block Printing Members Guide***30339 BLOCK PRINTING YTH LDR****30340 METAL ENAMELING LDR**Resource: CIR009, *Metal Enameling Leaders Guide*Webpage: [4h.uwex.edu/onlinpro/metalenameling.cfm](http://4h.uwex.edu/onlinpro/metalenameling.cfm)**30341 METAL ENAMELING**

What you can do in this project:

- Try enameling earrings, pins and other jewelry
- Learn to attach fasteners
- Create original designs and patterns

Grades: 5-12

Resource: 4H158, *Metal Enameling Members Guide***30349 METAL ENAMELING YTH LDR****30350 DRAWING & PAINTING LDR**Webpage: [4h.uwex.edu/onlinpro/drawing.cfm](http://4h.uwex.edu/onlinpro/drawing.cfm)**30351 DRAWING & PAINTING**

What you can do in this project:

- Learn to draw with pencil, chalk, crayon, etc.
- Learn to blend and shade
- Make surface rubbings
- Paint with watercolor, oil and acrylics
- Mix colors
- Mat and frame your artwork

Grades: 3-12

Resource: 4H169, *Drawing & Painting***30359 DRAWING & PAINTING YTH LDR****30400 FOLK ARTS LDR**Resource: NCR534, *Folk Arts Leader Guide*Webpage: [4h.uwex.edu/onlinpro/folkarts.cfm](http://4h.uwex.edu/onlinpro/folkarts.cfm)**30401 FOLK ARTS**

What you can do in this project:

- Explore traditional folk arts
- Learn more from your family and community
- Learn storytelling
- Decorate eggs and make baskets

Grades: 5-12

**30402 PRIMITIVE ART****30403 TIE DYING**

- |       |                    |       |                                  |
|-------|--------------------|-------|----------------------------------|
| 30404 | STRING/WIRE ART    | 30437 | CANDLE MAKING                    |
| 30405 | CALLIGRAPHY        | 30438 | TOLE PAINTING                    |
| 30406 | PLASTERCRAFT       | 30441 | BEADWORK                         |
| 30407 | MOSAICS            | 30442 | COUNTRY PAINTING                 |
| 30408 | PLASTICS           | 30443 | FELT & FURS                      |
| 30409 | FOLK ARTS YTH LDR  | 30444 | FLOWER CRAFTS                    |
| 30411 | ROCK ART           | 30445 | HANDMADE DOLLS                   |
| 30412 | TEXTILE PAINTING   | 30446 | SEED ART                         |
| 30413 | PAPER ART          | 30447 | WHITE WARE                       |
| 30414 | SOAP MAKING        | 30460 | MACRAME LDR                      |
| 30415 | SAND SCULPTING     | 30461 | MACRAME                          |
| 30416 | PRINT MAKING       | 30469 | MACRAME YTH LDR                  |
| 30417 | ROSEMALING         | 30470 | BASKETRY LDR                     |
| 30418 | LIQUID EMBROIDERY  | 30471 | BASKETRY                         |
| 30421 | DECOUPAGE          | 30479 | BASKETRY YTH LDR                 |
| 30422 | QUILLING           | 30480 | CREATIVE/CROSS STITCHERY LDR     |
| 30423 | SOAP CARVING       | 30481 | CREATIVE/CROSS STITCHERY         |
| 30424 | FIBER ARTS         | 30489 | CREATIVE/CROSS STITCHERY YTH LDR |
| 30425 | HOOP CRAFT         | 30490 | GLASSWORK LDR                    |
| 30426 | DECORATIVE WREATHS | 30491 | GLASSWORK                        |
| 30427 | PUNCH QUILT        | 30499 | GLASSWORK YTH LDR                |
| 30428 | TIN PUNCH          | 30500 | WOOD BURNING LDR                 |
| 30431 | SCULPTY CLAY       | 30501 | WOOD BURNING                     |
| 30432 | ORNAMENTS          | 30509 | WOOD BURNING YTH LDR             |
| 30433 | STUFFED ANIMALS    | 30510 | RUBBER STAMPING LDR              |
| 30434 | DECORATIVE BOXES   | 30511 | RUBBER STAMPING                  |
| 30435 | WEARABLE ART       | 30519 | RUBBER STAMPING YTH LDR          |
| 30436 | WOOD ART           | 30520 | POTTERY LDR                      |

**30521 POTTERY**

**30529 POTTERY YTH LDR**

**30530 WEAVING LDR**

**30531 WEAVING**

**30539 WEAVING YTH LDR**

**30540 RUG HOOKING LDR**

**30541 RUG HOOKING**

**30549 RUG HOOKING YTH LDR**

**30550 JEWELRY MAKING LDR**

**30551 JEWELRY MAKING**

**30559 JEWELRY MAKING YTH LDR**

**30560 CERAMICS LDR**

**30561 CERAMICS**

**30569 CERAMICS YTH LDR**

**30570 NEEDLEPOINT LDR**

**30571 NEEDLEPOINT**

**30579 NEEDLEPOINT YTH LDR**

**30600 LATINO CULTURAL ARTS LDR**

Resource: 08180, *QueRico! La Cultura Bilingual Helper's Guide*

Webpage: [4h.uwex.edu/onlinpro/LatinoCulturalArts.cfm](http://4h.uwex.edu/onlinpro/LatinoCulturalArts.cfm)

**30601 LATINO CULTURAL ARTS**

What you can do in this project:

- Understand the Latino culture by exploring traditional art
- Make Latino instruments, jewelry, weavings, murals, etc.
- Celebrate Latino holidays, sample foods and tell stories

Grades: 3-8

**30609 LATINO CUTURAL ARTS YTH LDR**

**30700 THEATRE ARTS LDR**

Resource: 08073, *Theatre Arts Helper's Guide*

Webpage: [4h.uwex.edu/onlinpro/theatre.cfm](http://4h.uwex.edu/onlinpro/theatre.cfm)

**30701 THEATRE ARTS 1**

What you can do in this project:

- Study acting, sound, movement, voice and speech
- Learn different ways to play a scene
- Try pantomime, clowning and improvisation

Grades: 3-5

Resource: 08070, *Play the Role*

**30702 THEATRE ARTS 2**

What you can do in this project:

- Become a puppeteer
- Investigate the history of puppets
- Explore types of puppets and puppet characters
- Use puppets in community service work
- Plan and present a puppet show

Grades: 6-8

Resource: 08071, *Become a Puppeteer!*

**30703 THEATRE ARTS 3**

What you can do in this project:

- Study costumes, makeup, stage sets, props and sound
- Learn stage management
- Create sounds and disguises
- Make up your own character and bring it to life

Grades: 9-12

Resource: 08072, *Set the Stage*

**30704 THEATRE ARTS 4**

**30709 THEATRE ARTS YTH LDR**

**30710 CLOWNING LDR**

**30711 CLOWNING**

What you can do in this project:

- Discover the history of clowning
- Develop your own character
- Design your own makeup, costume and props

Grades: 3-12

Resource: 4H265, *Enter the Clowns*

**30719 CLOWNING YTH LDR**

**30720 PUPPETRY LDR**

**30721 PUPPETRY**

**30729 PUPPETRY YTH LDR**

**30730 JUGGLING LDR**

**30731 JUGGLING**

**30732 YO-YO**

**30739 JUGGLING YTH LDR**

**30740 MIME LDR**

**30741 MIME**

**30749 MIME YTH LDR**

**30760 MUSIC LDR**

Resource: 4H351, *Sing Along Songbook*

Webpage: [4h.uwex.edu/onlinpro/Music.cfm](http://4h.uwex.edu/onlinpro/Music.cfm)

### **30761 MUSIC**

What you can do in this project:

- Gain a greater appreciation for music
- Explore different ways to participate
- Listen, perform and compose various types of music
- Teach others and make instruments

Grades: 3-12

Resource: 4H620MP, *Youth and 4-H Music Project Guide*

### **30769 MUSIC YTH LDR**

### **30770 DANCE LDR**

### **30771 DANCE**

### **30779 DANCE YTH LDR**

### **30800 COMPUTERS LDR**

Resource: 08349, *Teens Teaching Tech*

Webpage: [4h.uwex.edu/onlinpro/computer.cfm](http://4h.uwex.edu/onlinpro/computer.cfm)

### **30801 COMPUTERS 1**

What you can do in this project:

- Learn about hardware, software and components
- Explore how computers work
- Learn the various programs and their features
- Visit the project's interactive website

Grades: 3-5

Resource: 08346, *Newbie Know How*

### **30802 COMPUTERS 2**

What you can do in this project:

- Build and repair a computer
- Identify the components and how they work together
- Learn to upgrade and create connections
- Install operating systems

Grades: 6-8

Resource: 08347, *Inside the Box*

### **30803 COMPUTERS 3**

What you can do in this project:

- Discover how to create and manage networks
- Make decisions about network management
- Explore security issues and troubleshooting

Grades: 9-12

Resource: 08348, *Peer to Peer*

### **30809 COMPUTERS YTH LDR**

### **30820 COLLECTIONS LDR**

### **30821 COLLECTIONS**

### **30822 COIN COLLECTIONS**

### **30823 STAMP COLLECTIONS**

### **30824 CARD COLLECTIONS**

### **30828 OTHER COLLECTIONS**

### **30829 COLLECTIONS YTH LDR**

### **30900 RECREATION LDR**

### **30901 RECREATION**

### **30909 RECREATION YTH LDR**

### **30910 SPORTS LDR**

### **30911 BOWLING**

### **30912 SOFTBALL**

### **30913 TENNIS**

### **30919 SPORTS YTH LDR**

### **30981 OTHER ARTS & COMMUNICATION**

### **30991 SELF-DETERMINED ARTS & COMMUNICATION**



## **FAMILY, HOME & HEALTH**

### **40000 INTERGENERATIONAL PROGRAMS LDR**

Resource: NCR548, *Walk in My Shoes Leaders Guide*

Webpage: [4h.uwex.edu/onlinpro/intergenerational.cfm](http://4h.uwex.edu/onlinpro/intergenerational.cfm)

### **40001 INTERGENERATIONAL PROGRAMS**

What you can do in this project:

- Learn to understand older people better
- Let them share their stories and experiences
- Explore what happens as you grow older

Grades: 5-12

Resource: NCR591, *Walk in My Shoes Member Guide*

### **40009 INTERGENERATIONAL YTH LDR**

### **40100 CHILD DEVELOPMENT LDR**

Resource: 08078, *Child Development Helper's Guide*

Webpage: [4h.uwex.edu/onlinpro/childdev.cfm](http://4h.uwex.edu/onlinpro/childdev.cfm)

### **40101 CHILD DEVELOPMENT 1**

What you can do in this project:

- Find out how you grow and develop
- Learn about the development of babies and toddlers
- Learn how to make toys safe for small children

Grades: 3-4

Resource: 08075, *On My Own*

## **40102 CHILD DEVELOPMENT 2**

What you can do in this project:

- Learn how to take care of yourself and others
- See what makes your family special
- Discover how to match toys to ages of children
- Develop family rules
- Check for safety hazards

Grades: 5-6

Resource: 08076, *Growing With Others*

## **40103 CHILD DEVELOPMENT 3**

What you can do in this project:

- Explore how to be an effective parent
- Gain experience as a teacher or coach
- Make babysitting and first-aid kits
- Check out child development careers

Grades: 7-10

Resource: 08077, *Growing in Communities*

## **40109 CHILD DEVELOPMENT YTH LDR**

## **40200 CLOTHING LDR**

Resource: 08063, *Sewing Expressions Helper's Guide*

Webpage: [4h.uwex.edu/onlinpro/clothing.cfm](http://4h.uwex.edu/onlinpro/clothing.cfm)

## **40201 CLOTHING 1**

What you can do in this project:

- Identify sewing tools and machine parts
- Thread a sewing machine and identify fabrics
- Select and purchase a pattern
- Sort clothes for laundry and remove stains
- Donate a sewing project

Grades: 3-5

Resources: 08060, *Under Construction*  
07198, *Let's Sew! Beginner's Sewing Guide*

## **40202 CLOTHING 2**

What you can do in this project:

- Identify types of fabric constructions
- Sew different buttonholes and seam finishes
- Use pressing tools and thread a serger
- Research different laundry products

Grades: 6-8

Resource: 08061, *Fashion Forward*

## **40203 CLOTHING 3**

What you can do in this project:

- Use specialized sewing tools or equipment
- Combine patterns to create a design
- Create outdoor wear
- Design and embellish a garment
- Use a computer to print on fabric

Grades: 9-12

Resource: 08062, *Refine Design*

## **40204 WOOL SPINNING**

## **40209 CLOTHING YTH LDR**

## **40210 QUILTING LDR**

## **40211 QUILTING**

## **40219 QUILTING YTH LDR**

## **40300 CROCHETING LDR**

Webpage: [4h.uwex.edu/onlinpro/crocheting.cfm](http://4h.uwex.edu/onlinpro/crocheting.cfm)

## **40301 CROCHETING 1**

What you can do in this project:

- Learn to select and purchase yarn, thread and equipment
- Explore crocheting and finishing techniques
- Understand care instructions for crocheted items

Grades: 3-12

Resource: CC1403, *Crochet Made Easy*

## **40302 CROCHETING 2**

## **40303 CROCHETING 3**

## **40304 CROCHETING LEFT HAND**

## **40305 CROCHETING RIGHT HAND**

## **40309 CROCHETING YTH LDR**

## **40380 CANDY MAKING LDR**

## **40381 CANDY MAKING**

## **40389 CANDY MAKING YTH LDR**

## **40390 CAKE DECORATING LDR**

## **40391 CAKE DECORATING 1**

## **40392 CAKE DECORATING 2**

## **40393 CAKE DECORATING 3**

## **40399 CAKE DECORATING YTH LDR**

## **40400 FOODS & NUTRITION LDR**

Resource: 07730, *Foods Curriculum Helper's Guide*

Webpage: [4h.uwex.edu/onlinpro/foodsnutrition.cfm](http://4h.uwex.edu/onlinpro/foodsnutrition.cfm)

## **40401 FOODS & NUTRITION 1**

What you can do in this project:

- Learn what is good to eat and how to fix simple foods
- Fix pizza, pancakes, fruit kabobs and granola bars
- Explore why calcium is important to our bodies
- Understand TV commercial messages about food

Grades: 3-4

Resource: 07144, *Six Easy Bites*

## **40402 FOODS & NUTRITION 2**

What you can do in this project:

- Make main dishes, e.g., meatballs, pasta and salads
- Learn to make basic muffins and biscuits
- Learn to change recipes
- Reduce fat content in recipes
- Discover how to store fruit and vegetables

Grades: 5-6

Resource: 07146, *Tasty Tidbits*

## **40403 FOODS & NUTRITION 3**

What you can do in this project:

- Learn to evaluate nutrition information and fad diets
- Develop your own exercise program
- Learn how to cook different cuts of meat
- Learn to divide large-quantity packages for family use
- Make baked chicken, breadsticks and stir-fried vegetables

Grades: 7-9

Resource: 07148, *You're the Chef*

## **40404 FOODS & NUTRITION 4**

What you can do in this project:

- Learn how to make jelly, bake fish and marinate meat
- Conduct a food activity with young children
- Learn to divide recipes and make substitutions
- Plan menus on a budget

Grades: 10-12

Resource: 07150, *Foodworks*

## **40405 FOODS & NUTRITION 5**

## **40409 FOODS & NUTRITION YTH LDR**

## **40410 MICROWAVE LDR**

## **40411 MICROWAVE 1**

## **40412 MICROWAVE 2**

## **40413 MICROWAVE 3**

## **40414 MICROWAVE 4**

## **40419 MICROWAVE YTH LDR**

## **40420 BREADS LDR**

## **40421 BREADS**

## **40429 BREADS YTH LDR**

## **40500 FOOD PRESERVATION LDR**

Webpage: [4h.uwex.edu/onlinpro/foodsnutrition.cfm](http://4h.uwex.edu/onlinpro/foodsnutrition.cfm)

## **40501 FOOD PRESERVATION 1**

What you can do in this project:

- Learn the basics of preserving food safely
- Use UW-Extension Safe Food Preservation Series

Grades: 6-12

Resources: B0430, *Canning Fruits Safely*  
B1159, *Canning Vegetables Safely*  
B2267, *Homemade Pickles & Relishes*  
B2605, *Tomatoes Tart & Tasty*  
B2909, *Making Jams, Jellies & Fruit Preserves*  
B3278, *Freezing Fruits & Vegetables*  
B3345, *Canning Meat, Wild Game, Poultry & Fish*  
B3570, *Canning Salsa Safely*

## **40502 FOOD PRESERVATION 2**

## **40503 FOOD PRESERVATION 3**

## **40509 FOOD PRESERVATION YTH LDR**

## **40600 HAPPINESS IS LDR**

## **40601 HAPPINESS IS**

## **40609 HAPPINESS IS YTH LDR**

## **40650 PERSONAL FINANCE LDR**

Resource: 07712, *Financial Champions Helper's Guide*

Webpage: [4h.uwex.edu/onlinpro/finance.cfm](http://4h.uwex.edu/onlinpro/finance.cfm)

## **40651 PERSONAL FINANCE 1**

What you can do in this project:

- Learn money management skills
- Learn how to live on a budget

Grades: 6-8

Resource: 07710, *Money FUNdamentals*

## **40652 PERSONAL FINANCE 2**

What you can do in this project:

- Learn about wants and needs, values and goal setting
- Explore ways to use and save money
- Learn the benefits and drawbacks of credit
- Survey and select financial services

Grades: 9-12

Resource: 07711, *Money Moves*

## **40659 PERSONAL FINANCE YTH LDR**

## **40660 ENTREPRENEURSHIP LDR**

Resource: 08036, *Entrepreneurship Helper's Guide*

Webpage: [4h.uwex.edu/onlinpro/entrepreneur.cfm](http://4h.uwex.edu/onlinpro/entrepreneur.cfm)

## **40661 ENTREPRENEURSHIP**

What you can do in this project:

- Practice the skills needed to be an entrepreneur
- Explore businesses, products, marketing and pricing
- Create a business plan and start your own business

Grades: 7-12

Resource: 08035, *Entrepreneurship: Be the E*

## **40669 ENTREPRENEURSHIP YTH LDR**

### **40670 WORKFORCE READINESS LDR**

Resource: 08192, *Get in the Act! Take 1 Helper's Guide*

Webpage: [4h.uwex.edu/onlinpro/workforce.cfm](http://4h.uwex.edu/onlinpro/workforce.cfm)

### **40671 WORKFORCE READINESS**

What you can do in this project:

- Explore what it takes to get your first job
- Discover how to assess job possibilities in the community
- Create job scenarios
- Recognize your learning styles and personal qualities

Grades: 6-9

Resource: 08191, *Get in the Act! Take 1 (with CD)*

## **40679 WORKFORCE READINESS YTH LDR**

### **40700 HOME ENVIRONMENT LDR**

Webpage: [4h.uwex.edu/onlinpro/homeenv.cfm](http://4h.uwex.edu/onlinpro/homeenv.cfm)

#### **40701 HOME ENVIRONMENT 1**

What you can do in this project:

- Learn about home care
- Learn to sand and finish a simple wood item
- Make small home decorative items for the home
- Explore the world of home interior design

Grades: 3-5

Resource: 4H425, *Exploring Your Home*

#### **40702 HOME ENVIRONMENT 2**

What you can do in this project:

- Become more involved with activities around the home
- Learn to handle home tasks and entertain guests
- Refinish wood furnishings and make other home items

Grades: 6-7

Resource: 4H426, *Living With Others*

#### **40703 HOME ENVIRONMENT 3**

What you can do in this project:

- Learn the principles of home design
- Learn scale, balance and proportion in home design
- Use the principles of design to arrange your home
- Create storage centers and restore furniture

Grades: 8-9

Resource: 4H427, *Where I Live*

#### **40704 HOME ENVIRONMENT 4**

What you can do in this project:

- Focus on the application of design fundamentals
- Learn about purchasing furnishings for the home
- Restore or make a heritage item

Grades: 10-12

Resource: 4H465, *In My Home*

#### **40705 HOME ENVIRONMENT 5**

#### **40709 HOME ENVIRONMENT YTH LDR**

## **40800 KNITTING LDR**

Webpage: [4h.uwex.edu/onlinpro/knitting.cfm](http://4h.uwex.edu/onlinpro/knitting.cfm)

### **40801 KNITTING 1**

What you can do in this project:

- Discover what to consider when buying yarn or tools
- Learn knitting and finishing techniques
- Correct knitting errors
- Learn how to care for your knitted items

Grades: 3-12

Resource: CC1402, *Knitting Made Easy*

### **40802 KNITTING 2**

### **40803 KNITTING 3**

### **40804 KNITTING LEFT HAND**

### **40805 KNITTING RIGHT HAND**

### **40809 KNITTING YTH LDR**

### **40850 CONSUMER SAVVY LDR**

Resource: 08033, *Consumer Savvy Helper's Guide*

Webpage: [4h.uwex.edu/onlinpro/consumersavvy.cfm](http://4h.uwex.edu/onlinpro/consumersavvy.cfm)

#### **40851 CONSUMER SAVVY 1**

What you can do in this project:

- Learn your shopping style
- Use the yellow pages to find goods and services
- Know the difference between wants and needs
- Write a savings and spending plan
- Start a savings account

Grades: 3-5

Resource: 08030, *The Consumer in Me*

#### **40852 CONSUMER SAVVY 2**

What you can do in this project:

- Identify your personal spending values
- Understand advertising appeal and its affects
- See how peer pressure can influence your purchases
- Understand the risks of shopping on the Internet

Grades: 6-9

Resource: 08031, *Consumer Wise*

#### **40853 CONSUMER SAVVY 3**

What you can do in this project:

- Define consumer responsibilities and ethics
- Understand your consumer rights
- Use comparison shopping techniques
- Understand the costs of owning a vehicle

Grades: 10-12

Resource: 08032, *Consumer Roadmaps*

### **40859 CONSUMER SAVVY YTH LDR**

### **40900 HEALTH LDR**

Webpage: [4h.uwex.edu/onlinpro/health.cfm](http://4h.uwex.edu/onlinpro/health.cfm)

## 40901 HEALTH 1

What you can do in this project:

- Practice first-aid skills to treat basic injuries
- Learn how to respond to someone who is choking
- Assemble a first-aid kit

Grades: 3-5

Resource: 08174, *First Aid in Action*

## 40902 HEALTH 2

What you can do in this project:

- Identify your personal talent areas in health care
- Explore hygiene, nutrition and physical activities
- Share what you learn with others

Grades: 6-8

Resource: 08175, *Staying Healthy*

## 40903 HEALTH 3

What you can do in this project:

- Design your own fitness plan
- Track your plan and review your progress
- Interview individuals in the health and fitness fields

Grades: 9-12

Resource: 08176, *Keeping Fit*

## 40904 HEALTH 4 (Risk)

## 40905 HEALTH 4 (Abstain)

## 40906 HEALTH 5

## 40907 FUN & FITNESS

## 40908 RACEWALKING

## 40909 HEALTH YTH LDR

## 40911 ROLLERBLADING

## 40981 OTHER, FAMILY, HOME, & HEALTH

## 40991 SELF-DETERMINED FAMILY, HOME, & HEALTH



## MECHANICAL SCIENCES

### 50000 AEROSPACE LDR

Resource: 06846, *Aerospace Helper's Guide*

Webpage: [4h.uwex.edu/onlinepro/aerospace.cfm](http://4h.uwex.edu/onlinepro/aerospace.cfm)

### 50001 AEROSPACE 1

What you can do in this project:

- Build an introductory level rocket
- Compare birds and airplanes
- Make a space helmet

Grades: K-2

Resource: 06842, *Pre-Flight*

### 50002 AEROSPACE 2

What you can do in this project:

- Build straw and paper rockets
- Learn to read a map
- Identify types of aircraft
- Discover how weather affects flying
- Build and fly a kite
- Make a hot-air balloon model

Grades: 3-5

Resource: 06843, *Lift Off*

### 50003 AEROSPACE 3

What you can do in this project:

- Build, exhibit and launch model rockets
- Test a paper hang glider
- Make a flight simulator
- Demonstrate why rockets fly
- Organize a kite-flying contest

Grades: 6-8

Resource: 06844, *Reaching New Heights*

### 50004 AEROSPACE 4

What you can do in this project:

- Design and build rockets and box kites
- Build an altitude tracker
- Plan a flight route
- Discover the affects of gravity
- Explore life in space and aerospace careers

Grades: 9-12

Resource: 06845, *Pilot in Command*

### 50005 FLYING

### 50006 RADIO-CONTROLLED PLANE

### 50009 AEROSPACE YTH LDR

### 50010 MODEL ROCKETRY LDR

### 50011 MODEL ROCKETRY

### 50019 MODEL ROCKETRY YTH LDR

### 50100 AUTOMOTIVE LDR

### 50101 AUTOMOTIVE 1

### 50102 AUTOMOTIVE 2

### 50103 AUTOMOTIVE 3

### 50109 AUTOMOTIVE YTH LDR

### 50200 BICYCLING LDR

Resources: 08336, *Bicycle Helper's Guide*

087507, *Bicycle Fix It! (DVD)*

Webpage: [4h.uwex.edu/onlinepro/bicycling.cfm](http://4h.uwex.edu/onlinepro/bicycling.cfm)

## 50201 BICYCLING 1

What you can do in this project:

- Learn the essentials for getting started safely
- Explore the basics toward lifelong cycling
- Learn safety, road rules and planning for a pleasant ride

Grades: K-3

Resource: 08334, *Bicycling for Fun*

## 50202 BICYCLING 2

What you can do in this project:

- Choose a bike that's right for you
- Practice bike maintenance
- Learn road rules

Grades: 4-6

Resource: 08335, *Wheels in Motion*

## 50203 BICYCLING 3

## 50209 BICYCLING YTH LDR

## 50300 ELECTRICITY LDR

Resource: 06852, *Electric Excitement Helper's Guide*

Webpage: [4h.uwex.edu/onlinpro/electricity.cfm](http://4h.uwex.edu/onlinpro/electricity.cfm)

## 50301 ELECTRICITY 1

What you can do in this project:

- Understand how to use electricity
- Identify electrical materials
- Wire a simple circuit
- Build a compass, flashlight, switch and electric motor

Grades: 4-5

Resource: 06848, *Magic of Electricity*

## 50302 ELECTRICITY 2

What you can do in this project:

- Work with electrical equipment
- Learn to read circuit diagrams
- Build a circuit and measure voltages
- Communicate in Morse code

Grades: 6-7

Resource: 06849, *Investigating Electricity*

## 50303 ELECTRICITY 3

What you can do in this project:

- Develop a basic electrical tool and supply kit
- Understand the symbols on wires and cables
- Locate your home wiring system

Grades: 8-9

Resource: 06850, *Wired for Power*

## 50304 ELECTRICITY 4

What you can do in this project:

- Identify electrical and electronic parts and devices
- Learn how to solder and prepare parts for assembly
- Assemble a circuit using a transistor

Grades: 10-12

Resource: 06851, *Entering Electronics*

## 50305 COMPUTER TECHNOLOGY

## 50306 ELECTRONICS

## 50309 ELECTRICITY YTH LDR

## 50370 GEOSPATIAL LDR

Webpage: [4h.uwex.edu/onlinpro/geospatial.cfm](http://4h.uwex.edu/onlinpro/geospatial.cfm)

## 50371 GEOSPATIAL 1

What you can do in this project:

- Discover ways of thinking about geographic positions
- Learn about navigational tools: GIS, GPS, compasses
- Learn to measure distances

Grades: 4-12

Resource: CD8458, *Exploring Spaces, Going Places CD* ("Getting Out" section)

## 50372 GEOSPATIAL 2

What you can do in this project:

- Learn how to collect data
- Combine data with geographical positions
- Make maps of home, neighborhood and community

Grades: 4-12

Resource: CD8358, *Exploring Spaces, Going Places CD* ("On the Trail" section)

## 50373 GEOSPATIAL 3

What you can do in this project:

- Use multi-layered maps to attempt to solve problems
- Find ways to reduce traffic congestion
- Pinpoint pollution sources

Grades: 4-12

Resource: CD8358, *Exploring Spaces, Going Places CD* ("Reaching Your Destination" section)

## 50374 GEOCACHING

## 50379 GEOSPATIAL YTH LDR

## 50380 ROBOTICS LDR

Resources: 08366, *Robotics COACH Helper's Guide*  
CD8368, *Robotics and You CD*

Webpage: [4h.uwex.edu/onlinpro/robotics.cfm](http://4h.uwex.edu/onlinpro/robotics.cfm)

## 50381 ROBOTICS 1

What you can do in this project:

- Explore programming concepts using RoboLab language
- Learn what a robot is and how to build one
- Learn how to program the robot to use sensors

Grades: 4-8

Resource: 08364, *Robotics EXPLORER*

## 50382 ROBOTICS 2

What you can do in this project:

- Learn more advanced topics in programming
- Advance your programming techniques
- Build your own custom functions

Grades: 9-12

Resource: 08365, *Robotics PROBE*

**50389 ROBOTICS YTH LDR**

**50410 MAINTENANCE & REPAIR LDR**

**50411 MAINTENANCE & REPAIR**

**50419 MAINTENANCE & REPAIR YTH LDR**

**50420 LEGOS LDR**

**50421 LEGOS**

**50429 LEGOS YTH LDR**

**50430 SCIENCE LDR**

**50431 SCIENCE**

**50439 SCIENCE YTH LDR**

**50500 SMALL ENGINES LDR**

Resource: 08189, *Small Engines Helper's Guide*

Webpage: [4h.uwex.edu/onlinpro/engine.cfm](http://4h.uwex.edu/onlinpro/engine.cfm)

**50501 SMALL ENGINES 1**

What you can do in this project:

- Learn the basics of small engines
- Explore external engine parts and tools
- Identify the uses of small engines and safety issues

Grades: 3-5

Resource: 08186, *Crank It Up!*

**50502 SMALL ENGINES 2**

What you can do in this project:

- Explore the internal parts of engines
- Learn about engine sizes and safety issues
- Explore different jobs related to small engines

Grades: 6-8

Resource: 08187, *Warm It Up!*

**50503 SMALL ENGINES 3**

What you can do in this project:

- Tear down and rebuild an engine
- Learn to use diagnostic tools
- Research rules and regulations in using small engines

Grades: 9-12

Resource: 08188, *Tune It Up!*

**50509 SMALL ENGINES YTH LDR**

**50550 WELDING LDR**

**50551 WELDING**

**50559 WELDING YTH LDR**

**50600 SCALE MODELS LDR**

Webpage: [4h.uwex.edu/onlinpro/scalemodels.cfm](http://4h.uwex.edu/onlinpro/scalemodels.cfm)

**50601 SCALE MODELS**

What you can do in this project:

- Assemble and create scale models of trains, cars, etc.
- Learn how to obtain materials you need in construction
- Learn to display your model and judge it

Grades: 3-12

Resource: 4H424, *Guidelines for Building Scale Models*

**50602 MODEL CARS**

**50603 MODEL RAILROAD**

**50604 REMOTE-CONTROLLED CARS**

**50609 SCALE MODELS YTH LDR**

**50700 TRACTORS LDR**

Webpage: [4h.uwex.edu/onlinpro/tractors.cfm](http://4h.uwex.edu/onlinpro/tractors.cfm)

**50701 TRACTORS 1**

What you can do in this project:

- Learn and identify parts of the tractor
- Understand the basics of tractor maintenance
- Learn about different fuels and engine cooling systems
- Research different safety features and learn safety rules

Grades: 3-4 (little or no experience)

Resource: 4H961, *Starting Up: Getting to Know Your Tractor*

**50702 TRACTORS 2**

What you can do in this project:

- Practice farm and tractor safety
- Understand the mechanics of engines
- Identify accessory equipment
- Learn the functions of different operational systems

Grades: 5-6 (little or no experience)

Resource: 4H962, *Tractor Operations: Gearing Up for Safety*

**50703 TRACTORS 3**

What you can do in this project:

- Learn types of oil systems and fuel safety
- Learn how to hook on a PTO unit
- Learn tractor and machinery maintenance

Grades: 7-9 (some prior experience)

Resource: 4H963, *Moving Out: Learning About Your Tractor & Farm Machinery*

**50704 TRACTORS 4**

What you can do in this project:

- Focus on safety and maintenance
- Identify and work with operational systems

Grades: 10-12 (some prior experience)

Resource: 4H964, *Learning More: Learning About Agricultural Tractors & Equipment*

**50705 TRACTOR CERTIFICATION**

**50709 TRACTORS YTH LDR**

## 50800 WOODWORKING LDR

Resource: 06879, *Woodworking Helper's Guide*

Webpage: [4h.uwex.edu/onlinpro/wood.cfm](http://4h.uwex.edu/onlinpro/wood.cfm)

## 50801 WOODWORKING 1

What you can do in this project:

- Learn safety practices when working with wood and tools
- Use various hand tools, e.g., hammer and saw
- Identify types of nails and wood
- Sand and paint a piece of wood

Grades: 2-4

Resource: 08675, *Measuring Up*

## 50802 WOODWORKING 2

What you can do in this project:

- Identify functions of various tools
- Practice safety techniques
- Select a project to build, e.g., birdhouse or foot stool
- Use a screwdriver and combination square

Grades: 4-6

Resource: 06876, *Making the Cut*

## 50803 WOODWORKING 3

What you can do in this project:

- Compare different types of hinges
- Enlarge scale-drawn woodworking plans
- Use a hand plane and build a laminated cutting board
- Compare different grades of plywood

Grades: 6-8

Resource: 06877, *Nailing It Together*

## 50804 WOODWORKING 4

What you can do in this project:

- Use a table saw, router, powered circular saw and sander
- Learn to make more difficult joints
- Evaluate exotic and veneer woods
- Create inlays and overlays
- Test various adhesives

Grades: 9-12

Resource: 06878, *Finishing Up*

## 50805 WOODWORKING 5

## 50809 WOODWORKING YTH LDR

## 50860 HANDYMAN LDR

## 50861 HANDYMAN

## 50869 HANDYMAN YTH LDR

## 50900 SNOWMOBILING LDR

## 50901 SNOWMOBILING

## 50909 SNOWMOBILING YTH LDR

## 50950 OFF-HIGHWAY VEHICLES LDR

## 50951 OFF-HIGHWAY VEHICLES

## 50959 OFF-HIGHWAY VEHICLES YTH LDR

## 50981 OTHER MECHANICAL SCIENCES

## 50991 SELF-DETERMINED MECHANICAL SCIENCES



## NATURAL RESOURCES & ENVIRONMENTAL EDUCATION

## 60000 EXPLORING YOUR ENVIRONMENT LDR

Resources: 07707, *Exploring Your Environment Helper's Guide*

PUB-CE-456, *Education Connection*

PUBL-ER-001, *WI Endangered & Threatened Species*

Webpage: [4h.uwex.edu/onlinpro/environment.cfm](http://4h.uwex.edu/onlinpro/environment.cfm)

## 60001 EXPLORING YOUR ENVIRONMENT 1

What you can do in this project:

- Explore the four elements of life: sun, air, water and soil
- Use your senses to explore the environment
- Connect to the environment through plants and animals
- Learn how the environment is affected by pollution

Grades: 5-7

Resource: 07704, *Eco-Wonders*

## 60002 EXPLORING YOUR ENVIRONMENT 2

What you can do in this project:

- Explore wildlife habitats and tracking
- Learn about groundwater
- Research pollination and how it works

Grades: 8-10

Resource: 07705, *Eco-Adventures*

## 60003 EXPLORING YOUR ENVIRONMENT 3

What you can do in this project:

- Explore the world of biotechnology
- Learn the features of insect creatures
- Begin to understand biodiversity
- Learn what climate has to do with the way we live

Grades: 11-12

Resource: 07706, *Eco-Actions*

## 60005 WILDFLOWERS

What you can do in this project:

- Learn about wildflowers in your neighborhood
- Learn to identify wildflowers and how to collect them
- Discover how humans affect wildflowers

Grades: 3-12

Resource: 4H392, *Wildflowers*

Webpage: [4h.uwex.edu/onlinpro/wildflowers.cfm](http://4h.uwex.edu/onlinpro/wildflowers.cfm)

## 60006 BIRDS

## 60009 EXPLORING YOUR ENVIRONMENT YTH LDR

## **60050 FORESTRY LDR**

Resource: 08041, *Forestry Helper's Guide*

Webpage: [4h.uwex.edu/onlinpro/forestry.cfm](http://4h.uwex.edu/onlinpro/forestry.cfm)

## **60051 FORESTRY 1**

What you can do in this project:

- Identify forest types, forest products and trees
- Age trees by counting rings
- Understand forest competition
- Find a state forest
- Describe how leaves affect rainfall

Grades: 3-5

Resource: 08038, *Follow the Path*

## **60052 FORESTRY 2**

What you can do in this project:

- Learn how trees move water from soil to canopy
- Diagram a leaf
- Understand major forest changes and their impact
- Select urban tree planting sites

Grades: 6-8

Resource: 08039, *Reach for the Canopy*

## **60053 FORESTRY 3**

What you can do in this project:

- Recognize different tree fruits
- Create a community forest map
- Identify forest biomes by continent
- Identify an unknown tree using a tree key

Grades: 9-12

Resource: 08040, *Explore the Deep Woods*

## **60054 MAPLE SYRUP**

## **60059 FORESTRY YTH LDR**

## **60100 ADVENTURES LDR**

Resource: 4H443, *4-H Adventure Project*

Webpage: [4h.uwex.edu/onlinpro/adventures.cfm](http://4h.uwex.edu/onlinpro/adventures.cfm)

## **60101 ADVENTURES**

What you can do in this project:

- Learn how to camp safely in all weather conditions
- Investigate camping equipment and clothing
- Build a campfire and cook a meal
- Practice tying knots and first aid
- Learn to use a map and compass

Grades: 3-12

Resource: 4H444, *Introduction to Adventures*

## **60102 WINTER TRAVEL**

What you can do in this project:

- Discover winter travel on cross-country skis and snowshoes
- Select and take care of equipment and clothing
- Experience a winter overnight campout
- Discover how trees and plants prepare for winter

Grades: 3-12

Resource: 4H448, *4-H Adventure Project – Winter Travel*

Webpage: [4h.uwex.edu/onlinpro/wintertravel.cfm](http://4h.uwex.edu/onlinpro/wintertravel.cfm)

## **60103 CANOEING**

What you can do in this project:

- Learn how and where to canoe safely
- Select and care for equipment
- Explore aquatic environments
- Plan a canoe camping trip
- Canoe a river

Grades: 3-12

Resource: 4H447, *4-H Adventure Project – Canoeing*

Webpage: [4h.uwex.edu/onlinpro/canoeing.cfm](http://4h.uwex.edu/onlinpro/canoeing.cfm)

## **60104 BICYCLING**

What you can do in this project:

- Learn how and where to bicycle safely
- Plan a bicycle camping trip
- Design and build a bicycle obstacle course
- Conduct a bike maintenance check

Grades: 3-12

Resource: 4H446, *4-H Adventure Project – Bicycling*

Webpage: [4h.uwex.edu/onlinpro/bicyclingnr.cfm](http://4h.uwex.edu/onlinpro/bicyclingnr.cfm)

## **60105 CAMPING**

## **60106 ROCK CLIMBING**

## **60107 DOWNHILL SKIING**

## **60108 CROSS COUNTRY SKIING**

## **60109 ADVENTURES YTH LDR**

## **60120 BACKPACKING & HIKING LDR**

Resource: 08046, *Outdoor Adventures Helper's Guide*

Webpage: [4h.uwex.edu/onlinpro/backpacking.cfm](http://4h.uwex.edu/onlinpro/backpacking.cfm)

## **60121 BACKPACKING & HIKING 1**

What you can do in this project:

- Plan a day hike, select items and plan the food
- Learn to organize and pack a backpack
- Select appropriate clothing
- Prepare a first-aid kit
- Learn to use a compass
- Prepare for dangerous weather

Grades: 3-5

Resource: 08043, *Hiking Trails*

## **60122 BACKPACKING & HIKING 2**

What you can do in this project:

- Plan a camping trip
- Select equipment, including shelter
- Plan a camping trip menu and prepare supplies
- Practice "Leave No Trace" principles while hiking
- Study various organism habitats

Grades: 6-8

Resource: 08044, *Camping Adventures*

### **60123 BACKPACKING & HIKING 3**

What you can do in this project:

- Select group backpacking gear including a tent
- Design a non-tent backpacking shelter
- Develop a personal conditioning program
- Learn to orient a map and use triangulation

Grades: 9-12

Resource: 08045, *Backpacking Expeditions*

### **60129 BACKPACKING & HIKING YTH LDR**

### **60200 ENTOMOLOGY (INSECTS) LDR**

Resource: 06856, *Entomology Group Helper's Guide*

Webpage: [4h.uwex.edu/onlinpro/entomology.cfm](http://4h.uwex.edu/onlinpro/entomology.cfm)

### **60201 ENTOMOLOGY (INSECTS) 1**

What you can do in this project:

- Learn about insects, their behavior and life history
- Discover the parts of an insect's body
- Collect and compare insects
- Explore how insects communicate and move

Grades: 3-5

Resource: 06853, *Creepy Crawlies*

### **60202 ENTOMOLOGY (INSECTS) 2**

What you can do in this project:

- Learn how an insect protects itself
- Explore insect habitats
- Create an insect display
- Build an insect extractor
- Investigate entomology careers

Grades: 6-8

Resource: 06854, *What's Bugging You?*

### **60203 ENTOMOLOGY (INSECTS) 3**

What you can do in this project:

- Raise and study mealworms and mosquitoes
- Observe a colony of ants
- Make an insect identification key
- Record and collect aquatic insects
- Explore various gardens and habitats

Grades: 9-12

Resource: 06855, *Dragons, House, & Other Flies*

### **60204 BEES**

### **60209 ENTOMOLOGY YTH LDR**

### **60260 CONSERVATION LDR**

### **60261 CONSERVATION**

### **60269 CONSERVATION YTH LDR**

### **60300 SHOOTING SPORTS LDR**

Resource: 4H428, *4-H Shooting Sports Program*

Webpage: [4h.uwex.edu/onlinpro/shooting/index.cfm](http://4h.uwex.edu/onlinpro/shooting/index.cfm)

### **60309 SHOOTING SPORTS YTH LDR**

### **60310 ARCHERY LDR**

### **60311 ARCHERY**

What you can do in this project:

- Learn the fundamentals of archery marksmanship
- Learn rules and safety guidelines
- Make archery equipment
- Shoot with sights and different bows

Grades: 3-12

Resource: 4H429, *4-H Shooting Sports – Basic Archery*

### **60312 SPECIAL ARCHERY**

### **60319 ARCHERY YTH LDR**

### **60320 AIR PISTOL LDR**

### **60321 AIR PISTOL**

What you can do in this project:

- Explore different air pistols
- Learn basic safety rules and guidelines
- Learn marksmanship and shooting procedures

Grades: 3-12

Resource: 4H431, *4-H Shooting Sports – Basic Air Pistol*

### **60329 AIR PISTOL YTH LDR**

### **60330 RIFLE LDR**

### **60331 RIFLE**

What you can do in this project:

- Introduction to air rifle and .22 rifle through dry firing
- Learn to sight your rifle and score targets
- Learn various shooting positions
- Learn safety policies and procedures

Grades: 3-12 for air rifle

Ages: 12 years old and above for .22 rifle

Resource: 4H432, *4-H Shooting Sports – Basic Rifle*

### **60339 RIFLE YTH LDR**

### **60340 HUNTING LDR**

### **60341 HUNTING**

What you can do in this project:

- Learn the history, philosophy and laws of hunting
- Learn to plan and equip yourself for a hunt

Grades: 3-12

Resource: 4H434A, *4-H Shooting Sports – Basic Hunting*

### **60349 HUNTING YTH LDR**

### **60350 SHOTGUN LDR**

**60351 SHOTGUN**

What you can do in this project:

- Learn the basic safety issues with shotgun handling
- Learn shooting fundamentals
- Learn the proper way to carry a shotgun

Ages: 12 years old and above

Resource: 4H433, *4-H Shooting Sports – Basic Shotgun*

**60359 SHOTGUN YTH LDR****60360 MUZZLELOADING LDR****60361 MUZZLELOADING**

What you can do in this project:

- Explore muzzleloading history
- Study different muzzleloading guns and accessories
- Learn how to clean a muzzleloader
- Learn safety issues

Ages: 12 years old and above

Resource: 4H430, *4-H Shooting Sports – Basic Muzzleloading*

**60369 MUZZLELOADING YTH LDR****60370 AIR RIFLE LDR****60371 AIR RIFLE****60379 AIR RIFLE YTH LDR****60410 WILDLIFE LDR****60411 WILDLIFE****60412 WILDLIFE HABITAT****60413 TIMBERWOLF****60414 TAXIDERMY****60415 REPTILES****60419 WILDLIFE YTH LDR****60430 WEATHER LDR****60431 WEATHER****60439 WEATHER YTH LDR****60450 RECYCLING LDR**

Webpage: [4h.uwex.edu/onlinpro/recycling.cfm](http://4h.uwex.edu/onlinpro/recycling.cfm)

**60451 RECYCLING**

What you can do in this project:

- Learn about the impact of solid waste on the environment
- Learn to reduce, reuse and recycle

Grades: 3-12

Resource: 4H362, *Recycling for Reuse*

**60459 RECYCLING YTH LDR****60460 HOME ENERGY LDR****60461 HOME ENERGY****60469 HOME ENERGY YTH LDR****60470 WATER LDR**

Resource: 4H850, *Give Water A Hand Leader Guide*

Webpage: [4h.uwex.edu/onlinpro/water.cfm](http://4h.uwex.edu/onlinpro/water.cfm)

**60471 WATER**

What you can do in this project:

- Identify water conservation and pollution issues
- Explore issues in your home, community or school
- Select an issue to focus on
- Develop and implement a plan

Grades: 3-12

Resource: 4H855, *Give Water A Hand – Action Guide*

**60472 AQUATIC SCIENCE****60473 BOATING****60474 WATER SAFETY****60479 WATER YTH LDR****60600 SCIENCE DISCOVERY LDR****60601 SCIENCE DISCOVERY 1****60602 SCIENCE DISCOVERY 2****60609 SCIENCE DISCOVERY YTH LDR****60680 GEOLOGY LDR****60681 GEOLOGY****60682 ROCK HOUND****60689 GEOLOGY YTH LDR****60800 FISHING LDR**

Webpage: [www.uwex.edu/ces/4h/onlinpro/fishing.cfm](http://www.uwex.edu/ces/4h/onlinpro/fishing.cfm)

**60801 FISHING 1**

What you can do in this project:

- Identify types of tackle
- Organize a tackle box
- Identify different types of bait and fish in your area
- Learn to take proper care of your catch

Grades: 3-5

Resource: 07598, *Take the Bait*

## 60802 FISHING 2

What you can do in this project:

- Find fishing information on the Internet
- Cast a spinning rod and reel
- Learn to tie fishing knots
- Select a recipe and cook a fish
- Collect and analyze aquatic life

Grades: 6-8

Resource: 07599, *Reel in the Fun*

## 60803 FISHING 3

What you can do in this project:

- Learn to reassemble a fishing reel
- Make artificial flies and lures
- Modify fishing equipment
- Investigate fishing careers

Grades: 9-12

Resource: 07600, *Cast into the Future*

## 60804 FISHING 4

## 60805 FISHING 5

## 60809 FISHING YTH LDR

## 60910 ASTRONOMY LDR

## 60911 ASTRONOMY

## 60919 ASTRONOMY YTH LDR

## 60981 OTHER, ENVIRONMENTAL EDUCATION

## 60991 SELF-DETERMINED ENVIRONMENTAL EDUCATION



## PLANT & SOIL SCIENCES

## 70000 CROPS LDR

### 70001 CORN (CROPS 1)

What you can do in this project:

- Learn about variety selection, germination and planting
- Learn about nutrients, harvesting and storage
- Explore uses and marketing strategies for corn

Grades: 3-12

Resources: 4H355, *4-H Corn Project Manual*  
4H440, *Marketing Your 4-H Crops*  
4H441, *Is Direct Marketing for My Project?*  
RS1, *Record Sheet – Crops Management*

Webpage: [4h.uwex.edu/onlinpro/corn.cfm](http://4h.uwex.edu/onlinpro/corn.cfm)

### 70002 FORAGE (CROPS 2)

What you can do in this project:

- Establish and manage a forage crop
- Scout fields for pests, diseases and nutrition shortages
- Take an accurate forage sample
- Study growing techniques

Grades: 3-12

Resources: 4H349, *Pest Scouting Alfalfa*  
4H440, *Marketing Your 4-H Crops*  
4H441, *Is Direct Marketing for My Project?*  
RS1, *Record Sheet – Crops Management*

Webpage: [4h.uwex.edu/onlinpro/forage.cfm](http://4h.uwex.edu/onlinpro/forage.cfm)

### 70003 SMALL GRAINS (CROPS 3)

What you can do in this project:

- Explore types of grasses, including wheat, oats and barley
- Learn about growing conditions and nutrients
- Practice integrated pest management
- Compare production costs and marketing

Grades: 3-12

Resources: 4H356, *4-H Small Grains Manual*  
4H440, *Marketing Your 4-H Crops*  
4H441, *Is Direct Marketing for My Project?*  
RS1, *Record Sheet – Crops Management*

Webpage: [4h.uwex.edu/onlinpro/smallgrains.cfm](http://4h.uwex.edu/onlinpro/smallgrains.cfm)

### 70004 SOYBEANS (CROPS 4)

### 70005 WEED MANAGEMENT (CROPS 5)

### 70006 OTHER CROPS

### 70009 CROPS YTH LDR

### 70060 HORTICULTURE LDR

### 70061 HORTICULTURE

### 70069 HORTICULTURE YTH LDR

### 70100 FRUITS LDR

Webpage: [4h.uwex.edu/onlinpro/fruits.cfm](http://4h.uwex.edu/onlinpro/fruits.cfm)

### 70101 FRUITS 1

What you can do in this project:

- Produce fruits from apples to grape
- Select the best fruit cultivar for your home garden

Grades: 3-12

Resources: A1597, *Growing Strawberries in Wisconsin*  
A1610, *Growing Raspberries in Wisconsin*  
A1656, *Growing Grapes in Wisconsin*  
A1960, *Growing Currants, Gooseberries, & Elderberries in Wisconsin*  
A2072, *Growing Pears in Wisconsin*

### 70102 FRUITS 2

### 70103 FRUITS 3

## 70104 OTHER FRUITS

## 70109 FRUITS YTH LDR

## 70150 HERBS LDR

## 70151 HERBS

## 70159 HERBS YTH LDR

## 70200 VEGETABLES LDR

Resource: BU7156, *4-H Horticulture Helper's Guide*

Webpage: [4h.uwex.edu/onlinepro/vegetables.cfm](http://4h.uwex.edu/onlinepro/vegetables.cfm)

## 70201 VEGETABLES 1

What you can do in this project:

- Identify plant parts and their functions
- Explore germination and start a plant from a cutting
- Grow vegetables in containers
- Plan an outdoor garden
- Prepare a vegetable exhibit for show

Grades: 3-5

Resources: BU7153, *Budding Gardeners*  
4H395, *Organically Grown – Handbook*  
4H409, *Nature's Herbs*  
A3306, *Exhibiting & Judging Vegetables*

## 70202 VEGETABLES 2

What you can do in this project:

- Learn about plant needs and soil testing
- Start new plants and grow transplants
- Build a compost pile and use mulches

Grades: 6-8

Resource: BU7154, *Branching Out*

## 70203 VEGETABLES 3

What you can do in this project:

- Grow plants in a cold frame
- Make a site analysis and landscape plan
- Compare organic and chemical fertilizers
- Research various insect control methods

Grades: 9-12

Resource: BU7155, *Digging Deeper*

## 70209 VEGETABLES YTH LDR

## 70300 HOUSE PLANTS LDR

Resource: BU7156, *4-H Horticulture Helper's Guide*

Webpage: [4h.uwex.edu/onlinepro/houseplants.cfm](http://4h.uwex.edu/onlinepro/houseplants.cfm)

## 70301 HOUSE PLANTS 1

What you can do in this project:

- Identify plant parts and their functions
- Grow house plants and start a plant from a cutting
- Make a dish garden
- Prepare house plants for exhibit

Grades: 3-5

Resources: BU7153, *Budding Gardeners*  
4H328, *Propagating & Growing House Plants*

## 70302 HOUSE PLANTS 2

What you can do in this project:

- Learn about plant seeds and soil
- Select and start new plants and grow transplants
- Plant a terrarium
- Examine plants for insects and diseases

Grades: 6-8

Resource: BU7154, *Branching Out*

## 70303 HOUSE PLANTS 3

What you can do in this project:

- Take a tour of a horticulture business
- Design a plant experiment
- Teach others how to grow house plants
- Compare different fertilizers: organic and chemical

Grades: 9-12

Resource: BU7155, *Digging Deeper*

## 70309 HOUSE PLANTS YTH LDR

## 70350 PLANT CRAFTS LDR

Webpage: [4h.uwex.edu/onlinepro/plantcrafts.cfm](http://4h.uwex.edu/onlinepro/plantcrafts.cfm)

## 70351 PLANT CRAFTS

What you can do in this project:

- Learn to harvest plants
- Use different drying techniques
- Learn how to use plant materials
- Learn how to make dried arrangements, corsages, etc.

Grades: 3-12

Resources: 4H330, *Plant Crafts*  
4H453, *Plant Crafts Supplement*

## 70359 PLANT CRAFTS YTH LDR

## 70400 FLOWERS LDR

Resource: BU7156, *4-H Horticulture Helper's Guide*

Webpage: [4h.uwex.edu/onlinepro/flowers.cfm](http://4h.uwex.edu/onlinepro/flowers.cfm)

## 70401 FLOWERS 1

What you can do in this project:

- Identify flower parts and their functions
- Plant flowers and make flower arrangements
- Give a presentation on flowers
- Prepare a flower exhibit

Grades: 3-5

Resources: BU7153, *Budding Gardeners*  
4H1301A, *Forcing Spring Flowering Bulbs*  
A2935, *Evaluating & Judging Flowers & Indoor Plants*

## 70402 FLOWERS 2

What you can do in this project:

- Learn about plant needs and soil testing
- Select and start new plants and grow transplants
- Examine plants for insects and diseases
- Judge a flower exhibit

Grades: 6-8

Resource: BU7154, *Branching Out*

### 70403 FLOWERS 3

What you can do in this project:

- Design a plant experiment
- Make a landscape plan
- Write instructions on how to force bulbs
- Compare different fertilizers: organic and chemical

Grades: 9-12

Resource: BU7155, *Digging Deeper*

### 70409 FLOWERS YTH LDR

### 70500 HOME GROUNDS LDR

Webpage: [4h.uwex.edu/onlinpro/homegrounds.cfm](http://4h.uwex.edu/onlinpro/homegrounds.cfm)

### 70501 HOME GROUNDS 1

What you can do in this project:

- Learn about seeding a lawn
- Study proper lawn care and maintenance
- Explore fertilization and pest management techniques

Grades: 3-5

Resource: 4H321, *4-H Lawn Care*

### 70502 HOME GROUNDS 2

What you can do in this project:

- Learn the importance of planting new trees and shrubs
- Explore variety selection and appropriate placement
- Learn basic maintenance: pruning and fertilization

Grades: 6-8

Resources: A3067, *Selecting, Planting & Caring for Shade Trees*  
A1730, *Evergreens – Planting & Care*

### 70503 HOME GROUNDS 3

What you can do in this project:

- Explore landscape planning
- Make a plan and put it on paper
- Select, place and plant trees and shrubs
- Maintain your home grounds

Grades: 9-12

Resource: G1923, *Planning & Designing Your Home Landscape*

### 70509 HOME GROUNDS YTH LDR

### 70610 SOIL SCIENCE LDR

### 70611 SOIL SCIENCE 1

### 70612 SOIL SCIENCE 2

### 70613 SOIL SCIENCE 3

### 70619 SOIL SCIENCE YTH LDR

### 70981 OTHER PLANT & SOIL SCIENCES

### 70991 SELF-DETERMINED PLANT & SOIL SCIENCES



## OTHER PROGRAMS

### 80500 SAFETY LDR

### 80501 SAFETY

### 80509 SAFETY YTH LDR

### 80910 SPECIAL NEEDS LDR

### 80911 SPECIAL NEEDS

### 80919 SPECIAL NEEDS YTH LDR



## INTERNATIONAL PROGRAMS

### 90150 INTERNATIONAL LDR

Resource: 4H812, *And My World*

Webpage: [4h.uwex.edu/onlinpro/international.cfm](http://4h.uwex.edu/onlinpro/international.cfm)

### 90151 INTERNATIONAL 1

What you can do in this project:

- Explore the world around you through maps
- Track weather in various parts of the world
- Make your family tree by talking with relatives
- Explore where your ancestors came from

Grades: 3-12

Resource: 4H812, *And My World*

### 90152 INTERNATIONAL 2

### 90153 INTERNATIONAL 3

### 90159 INTERNATIONAL YTH LDR