Oneida County 4-H would not exist without volunteers

A message from Oneida County 4-H Staff ...

We make a living by what we do, but we make a life by what we give.
- Winston Churchill -

Simply put: 4-H would not exist without volunteers.

Oneida County’s 4-H program currently has more than 100 youth members and offers more than 100 different 4-H programs, meetings, trainings and activities annually. Coordinating this program are one full-time youth development educator and one part-time support staff.

Looking at numbers alone, you can see it would be nearly impossible to give every 4-Her the individualized attention they deserve while trying to be everywhere at once. This is where volunteers come in:

Youth gain from having other caring adults, as well as their own parents, involved in their 4-H projects by giving them individual attention and guidance. Adults and youth members who work together on projects of common interest create lasting bonds and support that goes beyond 4-H.

According to a research study done by Tufts University in Medford, Massachusetts, 4-H’ers are about four times more likely to make contributions to their communities; two times more likely to be civically active; and two times more likely to make healthier choices.

These remarkable findings are what make it hard to imagine what 4-H would look like if volunteers didn’t exist. Without volunteers to lead activities like 4-H club meetings, CHAMPS afterschool programming, Legos, model rockets, ice fishing, Family Fishing Fun Day, Fall Fest, Holiday Craft Workshop, project discovery days and the county fair, 4-H would be lifeless.

Thank you, volunteers, for all that you do. You are the life blood of 4-H and are so very appreciated. You give the encouragement and adult mentoring that young people need to achieve success in life. 4-H would not exist without you.

Oneida County 4-H now offers online registration! Some 4-H activities require RSVP or registration ahead of time by clicking on a registration link. This is so 4-H staff can be better prepared to lead the activity. There is no log-in or password required to register for a program online and it takes less than 30 seconds of your time. You can also call us and we can register for you using the online link.

Please let us know if you plan on attending a program. We appreciate it!

Online calendar

Always know when and where 4-H events are happening!
Go to:
http://oneida.uwex.edu/4hyd/calendar

How do I contact the Oneida County 4-H Office?
The 4-H Office is located in the lower level of the Rhinelander/Oneida County Airport. Park in the parking lot labeled “UW-Ext” and enter through the side door.

Address:
3375 Airport Road
Rhinelander, WI 54501

Phone:
715-365-2750

Website:
http://oneida.uwex.edu

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March
9............................4-H Volunteer Training
11............................4-H Legos
14............................4-H Dog Training Meeting
17.................Youth Leader Planning Meeting
21............................Skynet Astronomy Meeting
21............................4-H Youth Drama Project Day
21............................4-H Model Rocket Project Day
22............................4-H Photography Project Day
22..........Keep it in the Northwoods Club Mtg
22............................Figure Skating Show
23............................Fair Book Meeting

April
1-12...........Youth Conference Registration
10............................Registration Deadline for YELL
11........Save the Date: Drama & Rockets
11............................Cloverbud Activity Day
30............................Capitol Connections Trip

MARCH 2015
Become a certified volunteer
6-7:30 p.m. Monday, March 9
Anyone ages one year past high school and older are invited to become a certified 4-H volunteer! Training will be held from 6-7:30 p.m. Monday, March 9, in the UW-Extension Oneida County office, located in the lower level of the Rhinelander/Oneida County airport.

Being a certified 4-H volunteer allows you to:
* Guide and mentor our country’s future citizens and leaders.
* Give back to the community.
* Build connections with others.
* Be covered under county 4-H liability coverage and insurance when working with youth.
* Receive letters of recommendation from UW-Extension educators.

Register for 4-H Volunteer Training by Friday, March 6, online at http://goo.gl/forms/BYm9mpq8cE or by calling 715-365-2750.

For more information about volunteering with Oneida County 4-H, visit http://oneida.uwex.edu/4hyd/volunteer/.

I Want To Know Camp
Registration due Friday, March 13
Do you like science, technology or engineering? Have you always wanted to know what makes things work? If so, then “I Want To Know! Camp” is for you! IW2K 4-H Camp is April 24-25, 2015, Upham Woods Outdoor Learning Center in Wisconsin Dells, Wis. This camp is for youth in grades 6-8. Arrival is at 6 p.m. on April 24 and departure is at 4 p.m. April 25.

“I Want to Know! Camp” registration forms are due March 13 but space is limited and will be taken on a first come basis. Registration forms can be found online at: 4h.uwex.edu/events/Iwantoknowcamp15.cfm.

Cost to attend this camp is $55 per person (includes meals, lodging, t-shirt and supplies). Oneida County 4-H Leaders Association offers discounts to 4-H members to attend this camp. Call Lynn Feldman at 715-365-2750 or email her at lynn.feldman@ces.uwex.edu for more information regarding financial assistance to attend this camp. For more information about IW2K 4-H Camp, contact Joanna Skluzacek, UW-Extension 4-H STEM specialist at 608.265.2949 or joanna.skluzacek@ces.uwex.edu.

4-H Legos & Lego Mindstorms
4:30-5:30 p.m. Wednesday, March 11
The 4-H Legos group will meet from 4:30-5:30 p.m. Wednesday, March 11, at the Rhinelander District Library. If you like building things, this program is for you! Bring Legos if you have them!
LEGO® MINDSTORMS® EV3 IS ALMOST HERE!
Oneida County 4-H received a grant to purchase two LEGO® MINDSTORMS® EV3 (robot) kits. Once the kits are here, Oneida County 4-H is looking for up to 6 youth to build and showcase these robots. Let the 4-H office know if you are interested in participating in this, let us know by registering your interest online: http://goo.gl/forms/I0rFdgoilt or call 715-365-2750.

4-H Dog Training Meeting
1-2:30 p.m. Saturday, March 14
Do you have a dog that you would like to work with in obedience or agility? Come and hear what 4-H can offer you regarding dog training from 1-2:30 p.m. Saturday, March 14, at the UW-Extension Office located in the lower level of the Rhinelander/Oneida County Office. Please register for this meeting by Thursday, March 12, online at http://goo.gl/forms/bttLTF2OJn or call 715-365-2750.

4-H Youth Leader Meeting
4:30-5:30 p.m. Tuesday, March 17
All 4-H youth in grades 6 and older are encouraged to help plan afterschool activities for the CHAMPS - Community Helping Afterschool To
Mold Positive Students—program to be held on March 25.

The CHAMPS program began in September, 2008, through a 21st Century Community Learning Center grant. The goal of CHAMPS has been to improve the academic and enrichment opportunities available to all students in the School District of Rhinelander. This is a great way to build on your leadership skills while doing great work for the community!

Register by March 16 online at http://goo.gl/forms/sslZqWb28k or call 715-365-2750.

**Skynet Astronomy**

**11:30-12:30 Saturday, March 21**

What if you could take a close-up photograph of an object in the night sky—all from the comfort of your own home? Now you can! Come and learn how to use Skynet, a website that connects you to one of the world’s largest network of telescopes, from 11:30 a.m. to 12:30 p.m. Saturday, March 21, at the UW-Extension Oneida County Office, located in the lower level of the Rhinelander/Oneida County Airport. This program is geared for youth in grades 5 and older. Participants should bring a laptop, if possible, but not necessary.

Through Skynet, you have the freedom to take images of whatever you want. Whether you are interested in making a color image of a nebula, creating a rotation curve of an asteroid, or even searching for supernovae, you can do it with Skynet.

Register by Friday, March 20, online at http://goo.gl/forms/KAOBvbbUwa or call 715-365-2750.

**Photography is Back—Join us!**

**2:30-4:30 p.m. Sunday, March 22**

Oneida County 4-H will again be offering photography classes with the first being held from 2:30-4:30 p.m. Sunday, March 22, at the UW-Extension Oneida County. Amanda Parish and Anna Gauthier, certified 4-H volunteers, will be leading these classes. This year’s classes will focus on ways youth can effectively showcase their photographs at the Oneida County Fair.

Register by Friday, March 20, online at http://goo.gl/forms/fKNC1xZq4r or call 715-365-2750.

**Keep it in the Northwoods Club**

Next Meeting: Sunday, March 22

Come one, come all—to the Keep it in the Northwoods 4-H Club meeting at 4:30-5:30 p.m. Sunday, March 22, at the UW-Extension Oneida County office, located in the lower level of the
Rhinelander/Oneida County Airport in Rhinelander (3375 Airport Road). PIZZA WILL BE INCLUDED AT THIS MEETING! Learn what current 4-H business is all about, watch a 4-H demonstration by one of our own 4-Hers, and participate in a fun recreation activity! Whether you’re brand new to 4-H or an experienced 4-Her, you won’t want to miss out on this meeting! At 5:30 p.m. anyone interested in attending the figure skating show will leave for the Rhinelander Ice Association Arena.

**Figure Skating Show**
**6 p.m. Sunday, March 22**

4-Hers are invited as a group to attend the Rhinelander Figure Skating show after the Keep it in the Northwoods 4-H Club Meeting at 6 p.m. Sunday, March 22, at the Rhinelander Ice Association Arena. Last year’s prices were $5 for adults, $3 for students, and free for children under 12. Oneida County 4-H Leaders Association can provide financial assistance to attend this event. Call Lynn at 715-365-2750 or email her at lynn.feldman@ces.uwex.edu for financial assistance.

**Fair Book Meeting**
**6 p.m. Monday, March 23**

This is your opportunity to give input on the 2015 Oneida County Fair Premium Book. Anyone who wants to see changes take place in the Fair Book should attend this meeting.

For questions, contact Lynn at 715-365-2750 or by email at lynn.feldman@ces.uwex.edu.

**Youth Engaged in Leadership**
**Register by April 10**

Come make new friends while strengthening your leadership skills through interactive seminars, exciting activities and networking opportunities at the Youth Engaged in Learning and Leadership (YELL) conference! 4-H members and non-4-H members are welcome to attend. The conference will be held from 9 a.m. to 3:30 p.m. Saturday, April 18, at the UW-Eau Claire Campus.

YELL is an annual conference for youth in grades 6-12 to strengthen leadership skills with peers from across Western Wisconsin. Seminars & Social Activities, Campus Cafeteria, Gift and More! Bring a friend in grades 6-12! Register for the conference online by going to http://goo.gl/forms/bEy5hqfaVF.

Cost is $20 to attend. Oneida County 4-H Leaders Association offers financial assistance for 4-Hers to attend 4-H programs. For financial assistance, contact Anne Williams, 4-H Support Staff, at 715-365-2750 or by email at anne.williams@ces.uwex.edu. Registrations are accepted on a first-come first served basis and no later than April 10, 2015. Must return Registration Form and Health Form by April 10, 2015.

For more information about YELL please contact Anne Williams, Oneida County 4-H Support Staff, at 715-365-2750 or by email at anne.williams@ces.uwex.edu.

**Cloverbud Activity Day**
**Save the Date: Saturday, April 11**

Mark your calendar for Cloverbud Activity Day on Saturday, April 11, with the time and place yet to be determined. Cloverbud Activity Day is a free two-hour program for children in grades 5-year old Kindergarten through 2nd grade. 4-H Cloverbud programs are developmentally appropriate, activity-focused and built on cooperative learning. Participation, safety, personal development, learning
and fun are the highest priorities for the Cloverbud activities. Past Cloverbud Activity Days have included cooking, puppet-making, art work and drama.

Register by Tuesday, April 7, online at http://goo.gl/forms/3cpPHZjP6w or by calling 715-365-2750.

April 11: Save the Date
Drama, Model Rockets & More

Mark your calendar for an upcoming 4-H project day, which will include 4-H Drama Club, 4-H Model Rockets, and more! More details will be provided at a later time. For questions, contact Anne Williams, Oneida County 4-H Support Staff, at 715-365-2750 or by email at anne.williams@ces.uwex.edu.

Shooting Sports Certification
Register by April 17

Interested in shooting sports, hunting and wildlife?

A two-day 4-H Shooting Sports adult leader training is being offered from 6-10 p.m. Friday, May 1, and from 8 a.m. to 5 p.m. Saturday, May 2, at the Price County UW-Extension office (104 South Eyder Avenue, Phillips, WI).

Registration materials can be found online at http://fyi.uwex.edu/wi4hshootingsports/events/northern-area-certification-workshop/.

This training will allow you to become certified in archery, rifle or shotgun disciplines. Leaders may only teach in the discipline in which they are certified. An adult leader cannot provide hands-on or safety instruction without a certified leader supervising the range.

Cost is $70 for two-day workshop; $55 for the Saturday Discipline session. Oneida County 4-H Leaders Association offers financial assistance to help pay for these types of classes. Contact Lynn Feldman, 4-H youth development educator, at 715-365-2750 or by email at lynn.feldman@ces.uwex.edu if you have questions regarding financial assistance.

All shooting sports leaders must first complete one 12-hour workshop to be certified. After that, you may be eligible to attend a Saturday, eight-hour range workshop to receive an additional discipline certification. If three years lapse before adding an additional certification, the full 12-hour certification must be repeated. Only one certification may be obtained at any one certification workshop.

For questions regarding the shooting sports leader training in Price County, contact Doug Thompson at 920-391-4657 or email him at doug.thompson@ces.uwex.edu.

Other shooting sports trainings offered:

Lodi, Wisconsin
- April 10-11, 2015
- Disciplines: Archery, Muzzleloader, Pistol, Rifle, Shotgun
- Registration Deadline: March 27, 2015

Marshfield, Wisconsin
- September 11-12, 2015
- Disciplines: Archery, coordinator, muzzleloader, pistol, rifle, shotgun
- Registration deadline: Aug. 28, 2105

Local 4-Hers Support the Troops
80 juggling balls, gift bags mailed out

It took more than a year, but the end results were remarkable: more than 80 hand-made juggling balls, inspirational letters, motivational quotes and a variety of care package items were mailed in January to the 950th Engineer Company, a group out of Superior, Wis., responsible for clearing traffic

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corridors of “roadside bombs” in eastern Afghanistan.

So, why juggling balls? 4-H volunteer Ginger Zastrow and daughter Saydee Terzinski worked with Central Intermediate School CHAMPS students in making the juggling balls using balloons stuffed with birdseed, a unique 4-H project idea.

With each set of juggling balls, they included a note that read, “Life itself can be a juggling act and sometimes in life or juggling everything can be fine and life is great! But, other times in life or juggling a ball can be dropped, and it can set off an entire line of other events. However, with a strong will, determination and perseverance you can change that path. By not giving up, success will shine from your inner soul and you will eventually reach the goal you set out to accomplish. So when something in your life doesn’t go as planned or you can’t figure out how to juggle... STAY STRONG! STAY DETERMINED! BE PERSISTENT!”

Military Support Group, an organization that provides financial and emotional support to the nation’s soldiers, wounded warriors, and military families, sent the care packages to the troops, as well as to a Landstuhl Fisher House, a home that serves as a temporary residence near a military or VA medical facility where family members can eat, sleep, relax and find support.

So what does the phrase, “service for service” mean to Zastrow?

“It means to do for others as they do for you,” she stated. “Over the years, I have found myself working with youth more and more. I like to bring a variety of activities to youth, ones that build character and self-confidence. The Military Support Group is a great team to work with and the return thank you letters from the troops always gives a great feeling, too.”

Visit the State Capitol
9:30 a.m.-4 p.m., Thursday, April 30

Lynn Feldman, 4-H Youth Development Educator, is going to the Capitol on Thursday, April 30, for Capitol Connections. There are a few youth who are signed up already, but there is still room for adults to come along. Capitol Connections is an opportunity for 4-Hers to learn more about the legislative process and to strengthen Wisconsin 4-H’s relationship with state elected officials. The morning events will be held at the Madison Concourse Hotel and Governor’s Club with presentation speakers. In the afternoon you will visit your state legislators at the Capitol.

This is a formal event for leaders, parents and all others who support 4-H programming!

Register by April 17 online at http://goo.gl/forms/N3HF73gZzl or by calling 715-365-2750.

4-H Youth Conference
Registration will be open April 1-12

Lynn Feldman, 4-H Youth Development Educator, will be chaperoning the 2015 Wisconsin 4-H & Youth Conference. This event will take place Monday-Thursday, June 22-25, at the UW-Madison campus. Other adult chaperones are welcome to attend!

The purpose of the State 4-H Group experience is for high school age youth to gain skills of leadership, decision making and problem solving through hands-on activities, workshops, large group seminars and youth networking time.

Registration is open from April 1-12 through www.4honline.com. You must let Lynn Feldman know you will be registering before April 1 online at http://goo.gl/forms/cT3sI4SPoc or by calling 715-365-2750 so she can plan for the chaperone-to-youth ratio. The cost is $235, but first-year 4-H members get a 25% discount; second-year members get a 50% discount; and third-year members get 75% off the cost.

For questions, contact Lynn Feldman at 715-365-2750 or by email at lynn.feldman@ces.uwex.edu.